

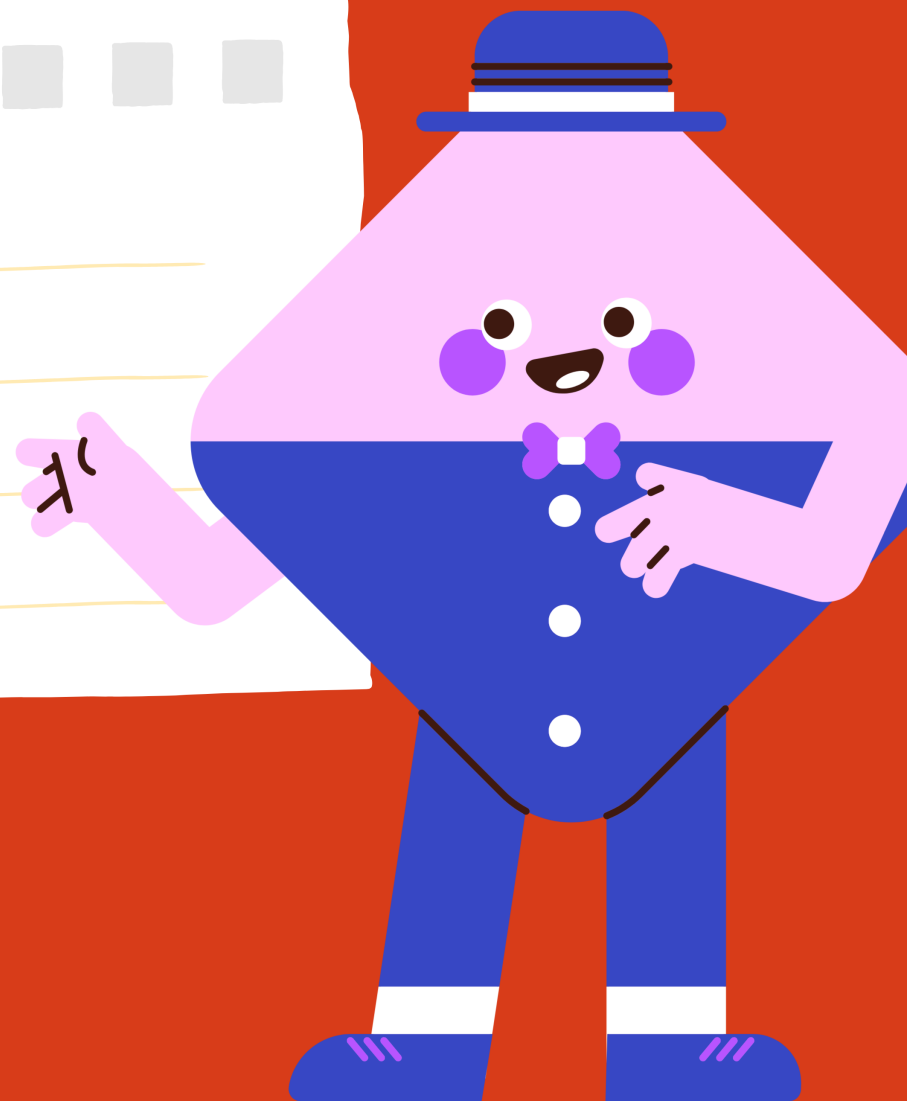


**I am MEEK
not WEAK!**

September 2026
Kids Assembly Topic



Green Light or Red Light



“ There are times that we want to keep moving as fast as we can to win the game, but we cannot do whatever we want because we need to follow the directions of the Traffic Light.



MEEKNESS and WEAKNESS



Sometimes we want to take control of everything on our own. But meekness teaches us to listen, follow instructions, and submit to what is right, especially when we follow Jesus.



There are moments when we need to stop, listen, and wait for the right direction before we move forward.



Meekness is not weakness; it is having the self-control and humility to listen and follow, even when we want to do things our own way.



Matthew 5:5



**“Blessed are
the meek, for
they will
inherit the
land.”**

or

Matthew 5:5



**“Happy are
those who are
humble; they
will receive
what God has
promised!”**

Controlling Our Reactions





Choosing Kindness

Continue doing what is Right



Meekness will never mean weakness because meekness comes with Jesus' humility and power.

True strength is not about controlling everything, it is about having self-control and allowing Jesus to guide our hearts.

Activity Time



Closing Prayer

Jesus, help me understand that being meek is not being weak. Give me the strength to control my words, actions, and reactions. Teach me to be gentle, patient, and humble, especially when things are difficult. May my meekness show Your strength and love in me. Amen.



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