MFC KIDS

SAINTS: JUST LIKE ME

November 2026

Kids Assembly Topic

KIDS ASSEMBLY TOPIC FOR THE MONTH OF NOVEMBER

TITLE:

SAINTS: JUST LIKE ME

OBJECTIVES:

At the end of the Kids Assembly, MFC Kids will be able to:

1. Understand who the saints are and what make them saints.
2. Recognize that everyone is called to become a saint, even the young ones.
3. Practice holiness through simple actions every day.

MOTIVATION:

Activity: Just Dance (When the Saints Go Marching In)
Materials: Downloaded Video (bit.ly/WhenTheSaintsGoMarchVideo)

Instruction:

1. Let the kids watch the dance video and let them follow the steps.
2. Separate the boys from girls. Girls on the right side and boys on the left side.
3. The two groups will compete to see who has the most accurate dance steps.
4. The facilitator will then judge who wins the dance showdown.

EXPANDED OUTLINE



I. HEAD

All Saints' Day reminds us of the people who loved God and followed Jesus. Saints came from different places and lived in different times, but they all had one thing in common: they loved God and showed it through their actions.

Saints are people who are now with God in heaven. When they were still on earth, they trusted God and tried their best to follow Jesus. They were not superheroes with special powers. They were ordinary people just like us! They prayed, loved others, forgave, shared, and helped those in need. They showed their love for God through the little things they did every day.



II. HEART

Even though we are still young, we can become saints, too! We don't have to wait until we grow up. We can start becoming saints through the little things we do every day. Here are 3 simple ways to become a saint:

1. Seek God

We can become saints by making time for Jesus every day. We can pray every morning and before going to sleep, attend Mass every Sunday, read the Bible, and listen to God's Word. Just like we spend time with our friends, we should also spend time with Jesus. We can talk to Him whenever we are happy, sad, or having problems because He is always ready to listen.

2. Serve Others

We can become saints by showing love and kindness to the people around us. We can help our parents with household chores, share our toys and food, comfort a friend who is sad, and be kind to everyone, even those who are different from us. When someone hurts us, we can also choose to forgive them. Remember, every time we show love to others, we are also showing our love for Jesus!

3. Stand for What is Right

We can become saints by choosing to do what is right, even when it is difficult. We should always tell the truth, say no to cheating and bullying, admit our mistakes, and learn to say sorry. We should also choose friends who encourage us to do good things. Even when others are doing something wrong, we must be brave enough to choose what makes Jesus happy.



III. HAND

A. Kids at Play (3-5 years old)

Activity: Coloring Activity (Appendix A)

Materials:

- Coloring materials
- Printed Activity Sheet

B. First Step (5 - 7 years old)

Activity: Halo (Appendix B)

Materials:

- Card Board
- Scissors

- Golden Paint or paper
- Tape

Instructions:

- Cut a long cardboard strip. And form it into circle
- Cut another circle from the card board.
- Cover it with gold paper or paint.
- Attach the circle to the cardboard strip.

C. Footsteps (8-10 years old)

Activity: Prayer Jar (Appendix C)

Materials:

- Recycled Jar
- Colored papers
- Markers
- Coloring Materials
- Tape or Glue

Instructions:

- Cut colored paper into hearts, stars, flowers, or other shapes you like.
- Decorate the jar by attaching your cut-out shapes using glue or tape.
- Cut a piece of paper and write "MY LITTLE PRAYER JAR" on it. Glue or tape the label onto the front of the jar.
- In small pieces of papers write your prayer intentions, people you want to pray for, or good deeds you promised to do. Fold it and put them inside the jar.

D. Step Up (10-12 years old)

Activity: Discussion Group

Instructions:

- Divide the children into groups according to gender.
- Ask each group to discuss and share their answers to the following questions:
    - Who are your favorite saints?
    - What concrete actions can you do to imitate the lives and examples of the saints?

TAKE AWAY

Becoming a saint doesn't mean we have to be perfect. It means we keep choosing to love God, do good things, and follow Jesus every day. We may be young, but we can already become little saints

CLOSING PRAYER

Dear Jesus,

Thank You for giving us the saints as examples of how to love and follow You. Help us to be like them by being kind, loving, humble, and helpful to others. Teach us to pray, do what is right, and share Your love every day. May we become little saints who bring joy and light to the world.

Amen

RECITATION OF MFC KIDS PROMISE

1. I will imitate Jesus.

- I will pray to God and read the Bible every day.
- I will make Jesus as my role model by obeying rules and doing good in school.

2. I will be a good family member.

- I will be a good son/daughter to my parents by obeying and respecting them.
- I will be a good sister/brother to my siblings through sharing and supporting them.

3. I will be an active member of MFC Kids

- I will always attend and participate in all MFC Kids activities.
- I will share my time, talents, and treasures to others especially to my brothers and sisters in MFC Kids
- I will love, respect and be loyal to my MFC Kids family.

4. I will tell others about Jesus.

- I will love my brothers and sisters, relatives, and friends by doing good deeds every day that will reflect God's love.
- I will serve in our Parish Church.
- I will love the poor by sharing what I have with them

Dear Parents/Guardians,

Holiness begins at home! As parents, you have a beautiful and important mission to guide your children in knowing, loving, and following Jesus. Even at a young age, children can learn to live holy lives through simple acts of love, kindness, forgiveness, and service.

The saints were once children, too! They learned to love God, trust Him, and serve others through the little things they did every day. Just like them, our children can become saints by praying every day, helping others, sharing what they have, obeying their parents, and choosing what is right even when no one is watching.

Here are three ways you can help your child to be holy:

1. **Tell a story of a saint**
   Share stories about the lives of the saints and how they loved and followed Jesus. Choose saints whose lives children can easily understand, such as St. Thérèse of Lisieux or St. Dominic Savio. After telling the story, ask your child what they learned and how they can follow the saint's example in their daily lives.

2. **Family Prayer Time**
   Make prayer a part of your family's daily routine. Spend a few minutes praying together before meals or before going to bed. Teach your child simple prayers, read a Bible story, and allow them to say their own prayers. Help them understand that praying is one way to grow closer to Jesus.

3. **Do household chores together**
   Teach your child that helping at home is also a way of showing love. Do simple household chores together, such as cleaning their toys, fixing their bed, washing the dishes, or helping prepare meals. Remind them that even small acts of service can make Jesus happy when done with love and a joyful heart.

The MFC Kids Servants

APPENDIX A



APPENDIX B



APPENDIX C

