



Others First!

March 2026
Kids Assembly Topic



KIDS ASSEMBLY TOPIC FOR THE MONTH OF MARCH

TITLE:

Others First!

OBJECTIVES:

At the end of the Kids Assembly, MFC Kids will be able to:

- recognize the difference between the acts of choosing for the sake of oneself and for the betterment of others;
- appreciate the beauty of choosing and doing good things towards others; and
- show acts of selflessness in dealing with your friends, family, and community.

MOTIVATION:

Activity: Thumbs Up or Thumbs Down

Note to Facilitator: Ask the Kids to raise thumbs up if the statement shows selfless (not being selfish) of thumbs down if it is the other way around.

DIRECTIONS: Do “Thumbs Up” if the statement shows selflessness, “Thumb down” if not.

- Opening a door for others. (*Pagbubukas ng pinto para sa iba*)
- Screaming and shouting with your friends. (*Pakikipagsigawan kasama ang iyong mga kaibigan*)
- Fighting against your siblings. (*Pakikipag-away sa iyong mga kapatid*)
- Helping others (*Pagtulong sa kapwa*)
- Sharing food to the hungry (*Pagbibigay ng pag-kain sa sa nagugutom*)
- Doing household chores (*Pagtulong sa gawaing bahay*)
- Letting someone else have their turn (*Pagpapaubaya sa iba*)
- Helping a friend who is sad (*Pagtulong sa kaibigang nalulungkot*)
- Pushing in line (*Pakikipagtulakan sa pila*)
- Keeping your toys for yourself (*Paggamit ng laruan para lang sa sarili*)

Helping, sharing, and caring are the key words that we can use to identify the positive attitudes shown in the different scenarios earlier. This deepens our understanding about “selflessness.” There are several scenarios also shows selfishness. Selfishness is a negative attitude for us kids. This develops bad habits that is not making us closer to Jesus.

Welcome everyone to our **March Kids Assembly** MFC Kids brethren where we are going to talk more about the **‘selflessness’ beatitude or generosity**.





EXPANDED OUTLINE



HEAD

How does it feel to help your family, friends, or teachers? Helping others feels so rewarding. This makes us to be a blessing to others. This act is called “selflessness” or generosity. Selflessness means thinking, helping, sharing, or choosing to be kind to others. Even small acts of love like doing household chores, sharing foods, or opening doors for others when done with generosity are big in the eyes of Jesus.



HEART

“And look out for one another’s interests, not just for your own.”

Philippians 2:4

Jesus always shows generosity to others, even in small or big ways. He does not think of Himself alone but cares for others too. He is looking for ways to help and take good care of people. Even others choose to be mean or do bad things against him, Jesus still chooses to be kind. He shares what He has and forgives those who hurt Him. He is loving to his parents. And we can do this also. As MFC Kids we can show the spirit of selflessness through:

- **sharing love with our family.** The first thing Jesus did is to love and obey his family. He joyfully follows the orders of his family. One way we can share our love is by saying kind words to them or giving hugs and smiles. Like Jesus, let us choose to obey and share love with our siblings, parents, and other family members. Selflessness grows best if it is rooted in love.
- **helping our friends.** We can show selflessness when we choose to help our friends especially when they need it. For example, we can share our pencil or paper if they have nothing to use. We can also offer food or drink if they need it. Listening is another way to help our friends, especially when they want to share stories about their happiness or sadness.
- **caring for others.** We are blessed because God is so generous to us. Now, It is our time to help others who are in need by caring for them through sharing our used clothes and toys especially when we have more than we can use. We also show care by simply taking good care of God’s creation. Inviting your other classmates to play with us and treating them well is an act of caring too.

All these things will help us become more selfless, loving, caring, and compassionate toward others. We can practice these small acts of selflessness and generosity every day to glorify God.



HAND

A. Kids at Play (3-4 years old)

Activity: Helping Others – Coloring Activity (Appendix A)

Materials:

- Coloring Material
 - Printed Activity Sheet
- 



Instructions for the Facilitator:

- Print the “Helping Others” coloring sheet
- Ask the Kids to color the sheet and write their names at the top.
- After doing the activity, before the assembly ends, check the accomplished task. Give words of affirmation.

Directions: Using coloring material, apply color the image that shows act of kindness through helping others. Write your name at the top of the Activity Sheet.

B. First Step (5 - 7 years old)

Activity: Good Choice or Bad Choice (Appendix B)

Materials:

- Pen or Pencil
- Printed Activity Sheet

Instructions for the Facilitator:

- Print the "Good Choice or Bad Choice" coloring sheet
- Ask the Kids to shade the shade the image that shows good choices.
- After doing the activity, before the assembly ends, check the accomplished task. Give words of affirmation.

Directions: Using a pen or pencil, shade the image that shows good choices. If not, leave it blank.

C. Footsteps (8-10 years old)

Activity: My Mug of Kindness (Appendix C)

Materials:

- Coloring Material
- Printed Activity Sheet
- Pen

Instructions for the Facilitator:

- Print the “Mug of Kindness” Activity sheet
- Ask the Kids to write five (5) ways sharing kindness to others and color the mug of kindness activity sheet and write their names at the top.
- After doing the activity, before the assembly ends, check the accomplished task.
- Ask someone to share their answers in the front. Give words of affirmation.

Directions: Write five (5) ways sharing kindness to others on the given space below. Apply color to your “Mug of Kindness” after writing your answer.

D. Step Up (10-12 years old)

Activity: Dyad Sharing

Instructions for the Facilitator:

- Ask the kids to find a dyad partner. Make sure that it is a girl to girl or boy to boy dyad/partnership.
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- Let them share their answers with the guide questions to one another.
 - If there is spare time, ask someone from the crowd to share their answers in the assembly.

Directions: Find a dyad partner. Share your answer to the guide questions below.

Guide Questions:

- If you are in line at the grocery cashier and a person with a disability asks if they can go ahead of you, would you let them pass? Why or why not?
- How am I going to show selflessness to my family, friends, and fellow MFC Kids member?

Other Suggested Activity in line with the Lent Season

Activity: Stations of the Cross (Appendix D)

Materials:

- Printed/copy of the Stations of the Cross Guide
- One Big Cross (A Cross that can be carried by either a Male Senior Kid, Heartchamp, or Male Couple Coordinator)
- If needed: Printed images for the Stations of the Cross

Instructions for the Facilitator:

- Print the Stations of the Cross Guide. If needed print the images of the Stations of the Cross and place it around the venue.
- Remind the Kids to behave and participate.
- We are in a Prayerful Mode.
- Start and end the activity with a prayer.
- Show them how to genuflect.
- Choose Senior Kids that will lead the prayer in each station. This can be change to Heartchamps or Coordinators if necessary.
- You may use any solemn background music or vespers to make the atmosphere much more prayerful and reflective.

TAKE AWAY

Remember, as sons and daughters of God, we must follow His ways. We must choose others first before choosing our own self. Jesus chooses to be crucified on the cross, for He chooses us more than himself. Through this example, Jesus teaches us to share, help, and care to others.

CLOSING PRAYER

Dear Jesus, Thank You for loving us so much. Teach us to share, to be kind, and to think of others first. Help us give with happy hearts and help those in need. May our hands be ready to help and our hearts be full of love. Amen.



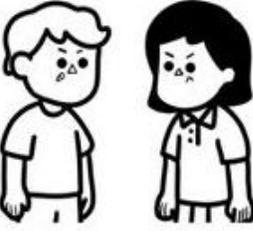
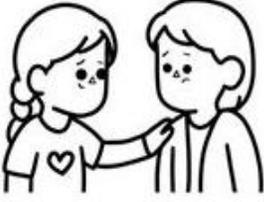
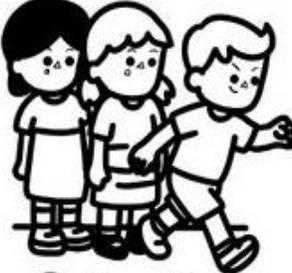
Name: _____

DIRECTIONS: Using coloring material, apply color the image that shows act of kindness through helping others. Write your name at the top of the Activity Sheet.



Name: _____

DIRECTIONS: Using a pen or color, shade the image that shows good choices. Leave blank if not.

 <input type="radio"/> Good Choice	 <input type="radio"/> Good Choice	 <input type="radio"/> Good Choice	 <input type="radio"/> Good Choice
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Name: _____

DIRECTIONS: Write five (5) ways sharing kindness to others on the given space below. Apply color to your “Mug of Kindness” after writing your answer.

My Mug of Kindness



The First Station

Jesus is condemned to death

Leader: We adore You, O Christ, and we praise You.
(*Genuflect*)

All: Because, by Your holy cross, You have redeemed the world. (*Rise*)

Leader: Consider how Jesus Christ, after being scourged and crowned with thorns, was unjustly condemned by Pilate to die on the cross. (*Kneel*)

All: My adorable Jesus, / it was not Pilate; / no, it was my sins / that condemned You to die. / I beseech You, by the merits of this sorrowful journey, / to assist my soul on its / journey to eternity. / I love You, beloved Jesus; / I love You more than I love myself. / With all my heart / I repent of ever having offended You. / Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be)

Through her heart, His sorrow sharing All His bitter anguish bearing Now at length the sword has passed

The Second Station

Jesus carries His cross

Leader: We adore You, O Christ, and we praise You.
(*Genuflect*)

All: Because, by Your holy cross, You have redeemed the world. (*Rise*)

Leader: Consider Jesus as He walked this road with the cross on His shoulders, thinking of us, and offering to His Father in our behalf, the death He was about to suffer. (*Kneel*)

All: My most beloved Jesus, / I embrace all the sufferings You have destined for me until death. / I beg You, by all You suffered in carrying Your cross, / to help me carry mine with Your perfect peace and resignation. / I love You, Jesus, my love; / I repent of ever having offended You. / Never let me separate myself from You again. / Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be)

O, how sad and sore depressed Was that Mother highly blessed of the sole Begotten One

The Third Station *Jesus falls the first time*

Leader: We adore You, O Christ, and we praise You.
(*Genuflect*)

All: Because, by Your holy cross, You have redeemed the world. (*Rise*)

Leader: Consider the first fall of Jesus. Loss of blood from the scourging and crowing with thorns had so weakened Him that He could hardly walk; and yet He had to carry that great load upon His shoulders. As the soldiers struck Him cruelly, He fell several times under the heavy cross. (*Kneel*)

All: My beloved Jesus, / it was not the weight of the cross / but the weight of my sins which made You suffer so much. / By the merits of this first fall, / save me from falling into mortal sin. / I love You, O my Jesus, with all my heart; / I am sorry that I have offended You. / May I never offend You again. / Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be)

*Christ above in torment hangs She beneath beholds
the pangs of her dying, glorious Son*

The Fourth Station *Jesus meets His mother*

Leader: We adore You, O Christ, and we praise You.
(*Genuflect*)

All: Because, by Your holy cross, You have redeemed the world. (*Rise*)

Leader: Consider how the Son met his Mother on His way to Calvary. Jesus and Mary gazed at each other and their looks became as so many arrows to wound those hearts which loved each other so tenderly
(*Kneel*)

All: My most loving Jesus, / by the pain You suffered in this meeting / grant me the grace of being truly devoted to Your most holy Mother. / And You, my Queen, who was over-whelmed with sorrow, / obtain for me by Your prayers / a tender and a lasting remembrance of the passion of Your divine Son. / I love You, Jesus, my Love, above all things. / I repent of ever having offended You. / Never allow me to offend You again. / Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be)

*Is there one who would not weep, 'whelmed in
miseries so deep Christ's dear Mother to behold*

The Fifth Station

Simon of Cyrene helps Jesus carry the cross

Leader: We adore You, O Christ, and we praise You.
(*Genuflect*)

All: Because, by Your holy cross, You have redeemed the world. (*Rise*)

Leader: Consider how weak and weary Jesus was. It each step He was at the point of expiring. Fearing that He would die on the way when they wished Him to die the infamous death of the cross, they forced Simon of Cyrene to help carry the cross after Our Lord. (**Kneel**)

All: My beloved Jesus / I will not refuse the cross as Simon did: / I accept it and embrace it. / I accept the death that is destined for me / with all the pains that may accompany it. / I unite it to Your death / and I offer it to You. / You have died for love of me; / I will die for love of You and to please You. / Help me by Your grace. / I love You, Jesus, my Love; / I repent of ever having offended You. / Never let me offend You again. / Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be)

Can the human heart refrain from partaking in her pain in that Mother's pain untold?

The Sixth Station

Veronica wipes the face of Jesus

Leader: We adore You, O Christ, and we praise You.
(*Genuflect*)

All: Because, by Your holy cross, You have redeemed the world. (*Rise*)

Leader: Consider the compassion of the holy woman, Veronica. Seeing Jesus in such distress, His face bathed in sweat and blood, she presented Him with her veil. Jesus wiped His face, and left upon the cloth the image of his sacred countenance. (**Kneel**)

People: My beloved Jesus, / Your face was beautiful before You began this journey; / but, now, it no longer appears beautiful / and is disfigured with wounds and blood. / Alas, my soul also was once beautiful / when it received Your grace in Baptism; / but I have since disfigured it with my sins. / You alone, my Redeemer, can restore it to its former beauty. / Do this by the merits of Your passion; and then do with me as You will.

(Our Father, Hail Mary, Glory be)

Bruised, derided, cursed, defiled. She beheld her tender Child. All with bloody scourges rent

The Seventh Station *Jesus falls the second time*

Leader: We adore You, O Christ, and we praise You.
(*Genuflect*)

All: Because, by Your holy cross, You have redeemed the world. (*Rise*)

Leader: Consider how the second fall of Jesus under His cross renews the pain in all the wounds of the head and members of our afflicted Lord. (Kneel)

People: My most gentle Jesus, / how many times You have forgiven me; / and how many times I have fallen again and begun again to offend You! / By the merits of this second fall, / give me the grace to persevere in Your love until death. / Grant, that in all my temptations, I may always have recourse to You. / I love You, Jesus, my Love with all my heart; / I am sorry that I have offended You. / Never let me offend You again. / Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be)

For the sins of His own nation Saw Him hang in desolation Till His spirit forth He sent

The Eighth Station *Jesus meets the women of Jerusalem*

Leader: We adore You, O Christ, and we praise You.
(*Genuflect*)

All: Because, by Your holy cross, You have redeemed the world. (*Rise*)

Leader: Consider how the women wept with compassion seeing Jesus so distressed and dripping with blood as he walked along. Jesus said to them, "Weep not so much for me, but rather for Your children." (Kneel)

All: My Jesus, laden with sorrows, / I weep for the sins which I have committed against You /because of the punishment I deserve for them; / and, still more, because of the displeasure they have caused You / who have loved me with an infinite love. / It is Your love, more than the fear of hell, / which makes me weep for my sins. / My Jesus, I love You more than myself; / I am sorry that I have offended You. / Never allow me to offend You again. / Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be)

O sweet Mother! Fount of Love, Touch my spirit
rom above Make my heart with yours accord

The Ninth Station *Jesus falls the third time*

Leader: We adore You, O Christ, and we praise You.
(Genuflect)

All: Because, by Your holy cross, You have redeemed the world. *(Rise)*

Leader: Consider how Jesus Christ fell for the third time. He was extremely weak and the cruelty of His executioners was excessive; they tried to hasten His steps though He hardly had strength to move. *(Kneel)*

All: My outraged Jesus, / by the weakness You suffered in going to Calvary, / give me enough strength to overcome all human respect / and all my evil passions which have led me to despise Your friendship. / I love You, Jesus my Love, with all my heart; / I am sorry for ever having offended You. / Never permit me to offend You again. / Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be)

Make me feel as You have felt Make my soul to glow and melt With the love of Christ, my Lord.

The Tenth Station *Jesus' clothes are taken away*

Leader: We adore You, O Christ, and we praise You.
(Genuflect)

All: Because, by Your holy cross, You have redeemed the world. *(Rise)*

Leader: Consider how Jesus was violently stripped of His clothes by His executioners. The inner garments adhered to his lacerated flesh and the soldiers tore them off so roughly that the skin came with them Have pity for your Savior so cruelly treated and tell Him: *(Kneel)*

All: My innocent Jesus, / by the torment You suffered in being stripped of Your garments, / help me to strip myself of all attachment for the things of earth / that I may place all my love in You who are so worthy of my love. / I love You, O Jesus, with all my heart; / I am sorry for ever having offended You. / Never let me offend You again. / Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be)

Holy Mother, pierce me through In my heart each wound renew Of my Savior crucified.

The Eleventh Station *Jesus is nailed to the cross*

Leader: We adore You, O Christ, and we praise You.
(*Genuflect*)

All: Because, by Your holy cross, You have redeemed the world. (*Rise*)

Leader: Consider Jesus, thrown down upon the cross, He stretched out His arms and offered to His eternal Father the sacrifice of His life for our salvation. They nailed His hands and feet, and then, raising the cross, left Him to die in anguish. (*Kneel*)

All: My despised Jesus, / nail my heart to the cross / that it may always remain there to love You and never leave You again. / I love You more than myself; / I am sorry for ever having offended You. / Never permit me to offend You again. / Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be)

Let me share with you His pain, Who for all our sins was slain, Who for me in torments died

The Twelfth Station *Jesus dies on the cross*

Leader: We adore You, O Christ, and we praise You.
(*Genuflect*)

All: Because, by Your holy cross, You have redeemed the world. (*Rise*)

Leader: Consider how Your Jesus, after three hours of agony on the cross, is finally overwhelmed with suffering and, abandoning Himself to the weight of His body, bows His head and dies. (*Kneel*)

All: My dying Jesus, / I devoutly kiss the cross on which You would die for love of me. / I deserve, because of my sins, to die a terrible death; / but Your death is my hope. / By the merits of Your death, / give me the grace to die embracing Your feet and burning with love of You. / I yield my soul into Your hands. / I love You with my whole heart. / I am sorry that I have offended You. / Never let me offend You again. / Grant that I may love You always; and then do with me as you will.

(Our Father, Hail Mary, Glory be)

Let me mingle tears with the Mourning Him who mourned for me, All the days that I may live

The Thirteenth Station

Jesus is taken down from the cross

Leader: We adore You, O Christ, and we praise You.
(*Genuflect*)

All: Because, by Your holy cross, You have redeemed the world. (*Rise*)

Leader: Consider how, after Our Lord had died, He was taken down from the cross by two of His disciples, Joseph and Nicodemus, and placed in the arms of His afflicted Mother. She received Him with unutterable tenderness and pressed Him close to her bosom (*Kneel*)

All: O Mother of Sorrows, / for the love of Your Son, / accept me as Your servant and pray to Him for me, / And You, my Redeemer, since you have died for me, / allow me to love You, / for I desire only You and nothing more. / I love You, Jesus my Love, / and I am sorry that I have offended You. / Never let me offend You again. / Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be)

By the cross with you to stay
There with you to weep
and pray Is all I ask of you to give

The Fourteenth Station

Jesus is taken down from the cross

Leader: We adore You, O Christ, and we praise You.
(*Genuflect*)

All: Because, by Your holy cross, You have redeemed the world. (*Rise*)

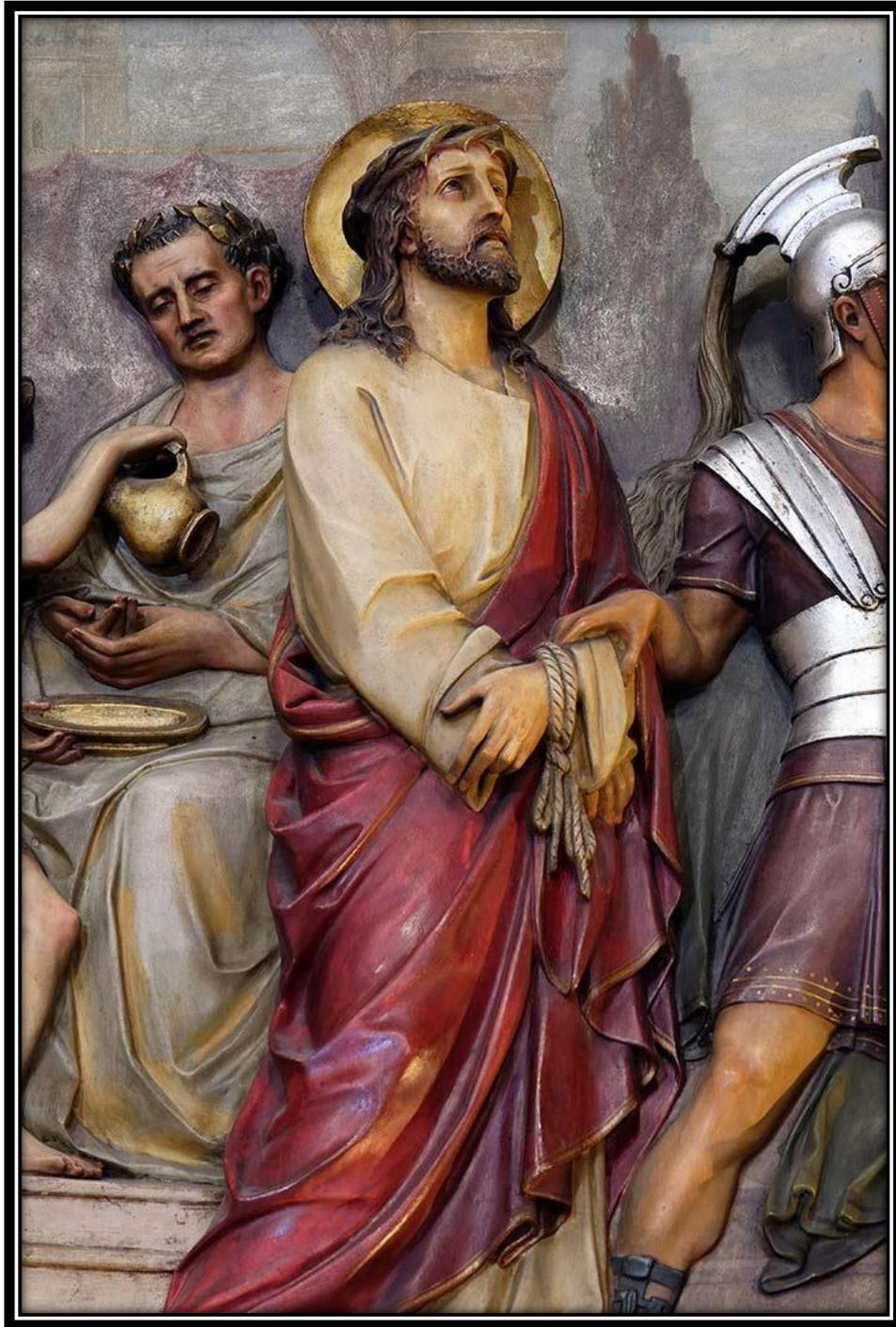
Leader: Consider how the disciples carried the body of Jesus to its burial, while His holy Mother went with them and arranged it in the sepulcher with her own hands. They then closed the tomb and all departed. (*Kneel*)

All: Oh, my buried Jesus, / I kiss the stone that closes You in. / But you gloriously did rise again on the third day. / I beg You by Your resurrection that I may be raised gloriously on the last day, / to be united with You in heaven, to praise You and love You forever. / I love You, Jesus, and I repent of ever having offended You. / Grant that I may love You always; and then do with me as You will.

(Our Father, Hail Mary, Glory be)

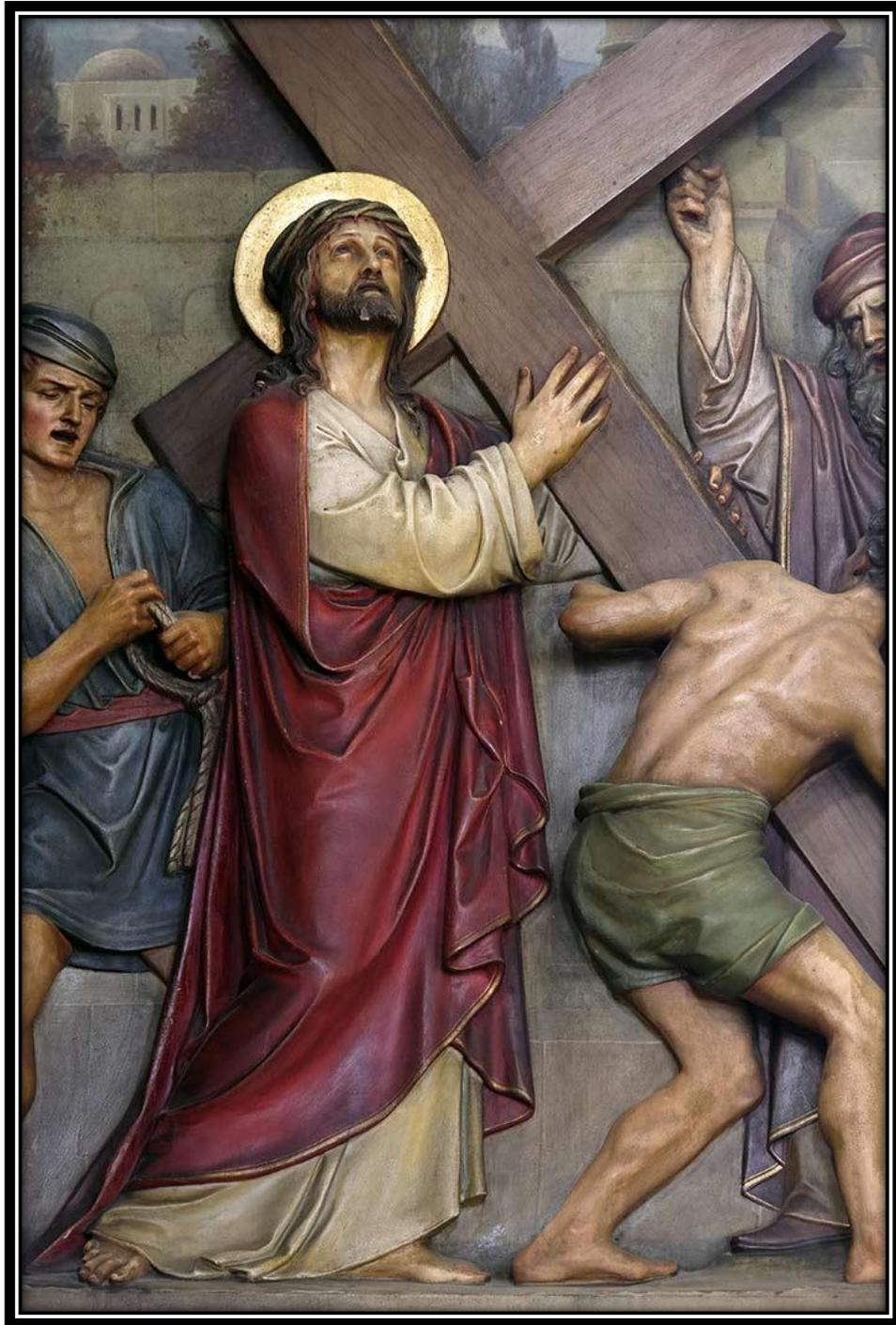
Virgin of all virgins blest! Listen to my fond request:
Let me share your grief divine.

The First Station



Jesus is condemned to death

The Second Station



Jesus carries His cross

The Third Station



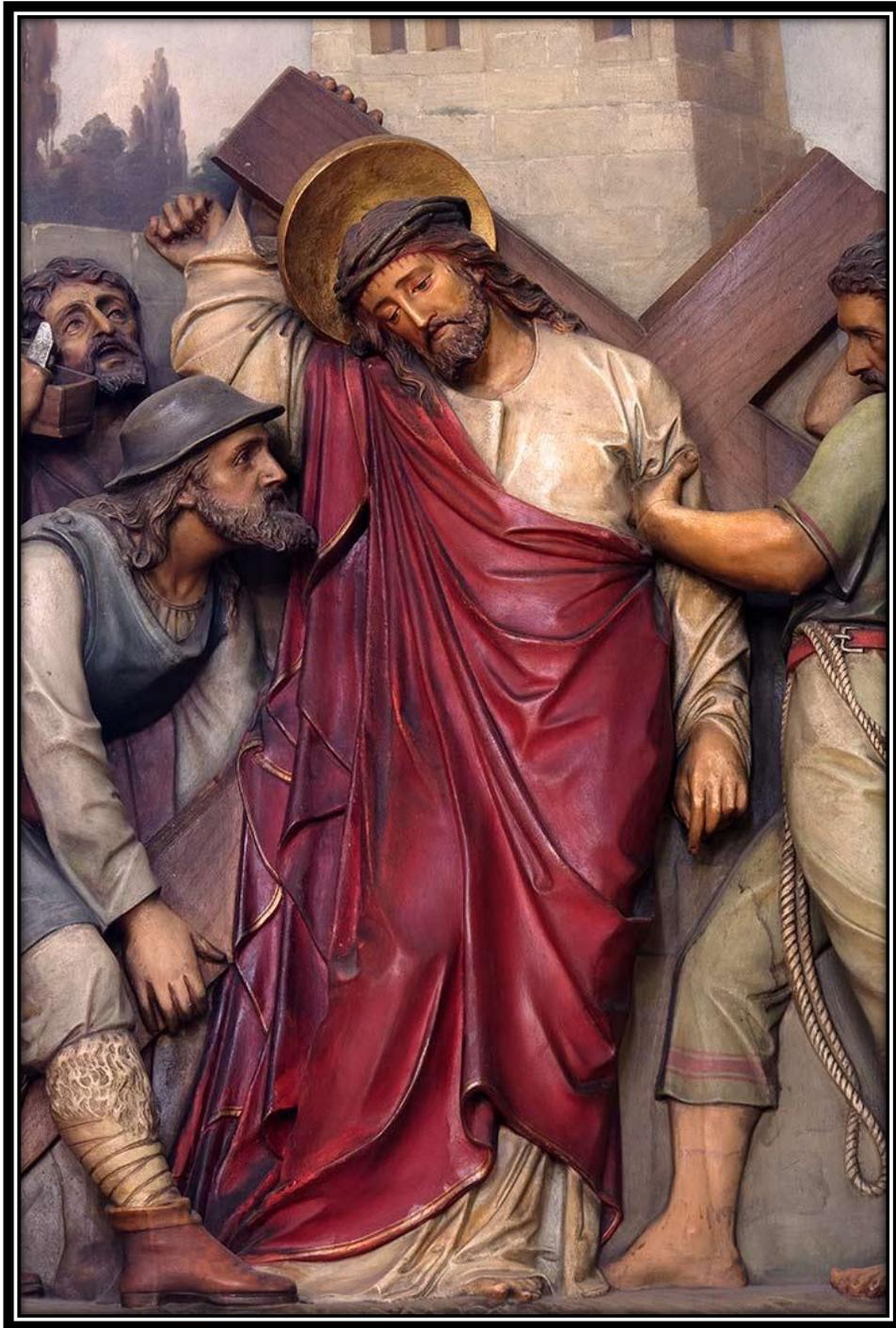
Jesus falls the first time

The Fourth Station



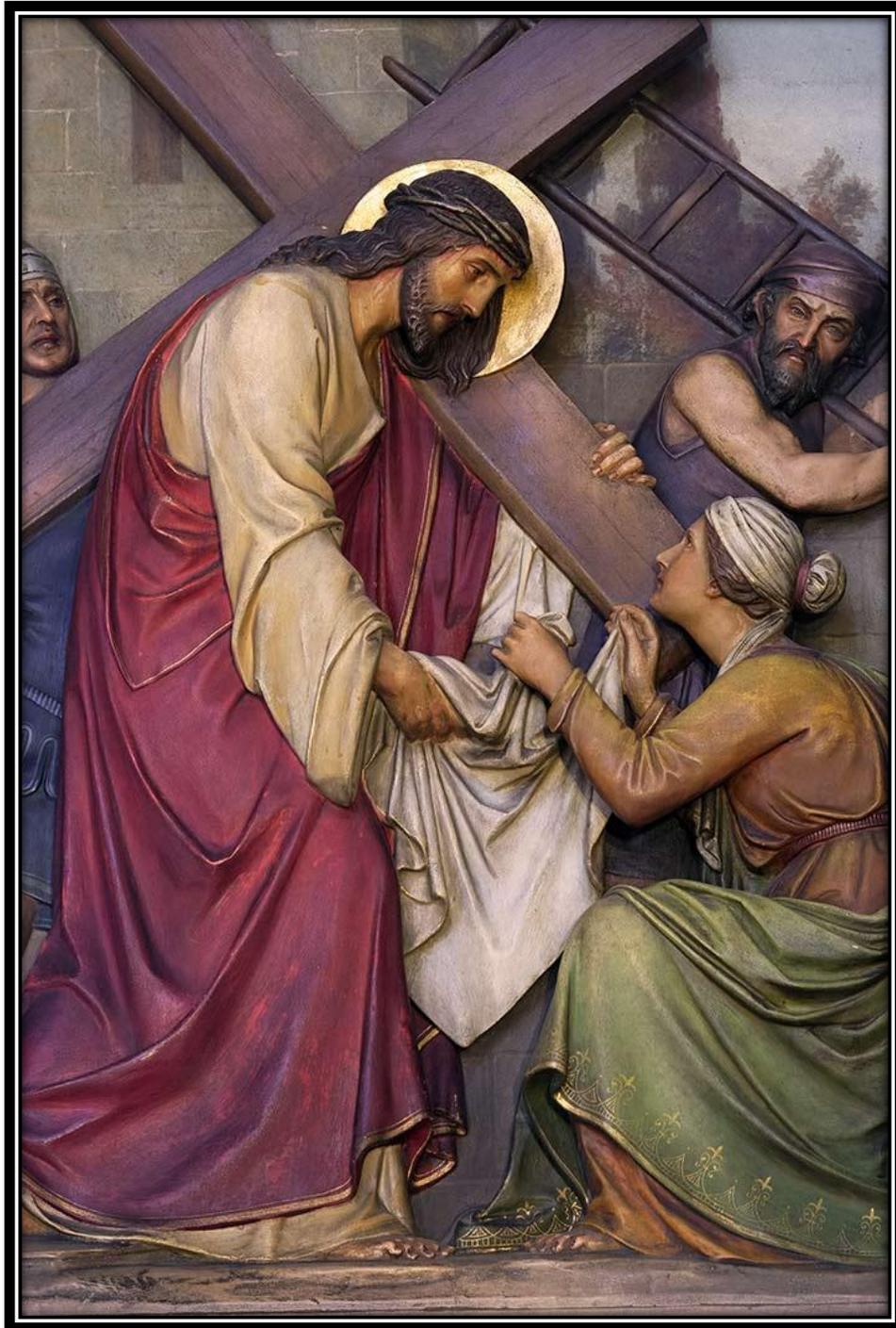
Jesus meets His mother

The Fifth Station



Simon of Cyrene helps Jesus carry the cross

The Sixth Station



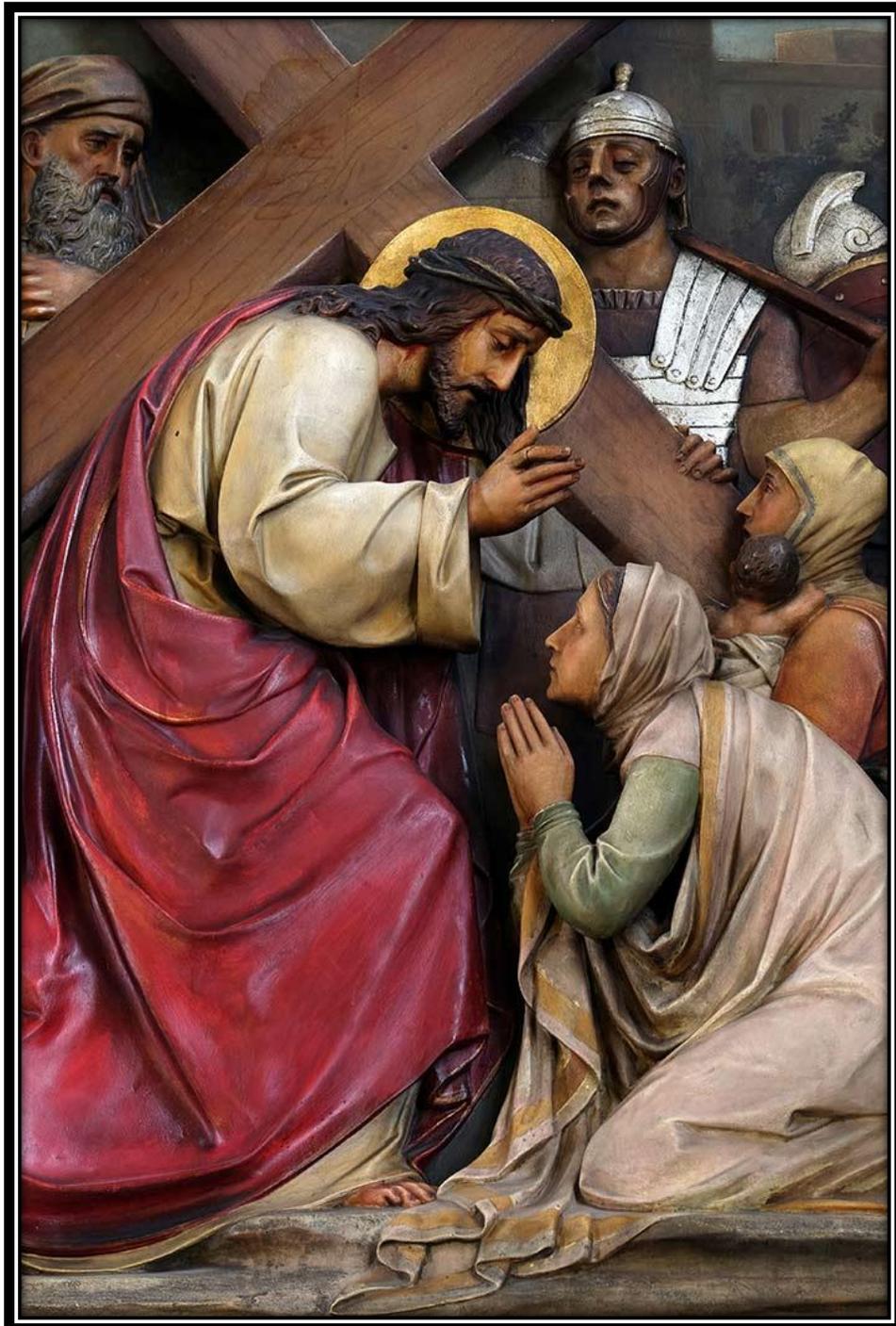
Veronica wipes the face of Jesus

The Seventh Station



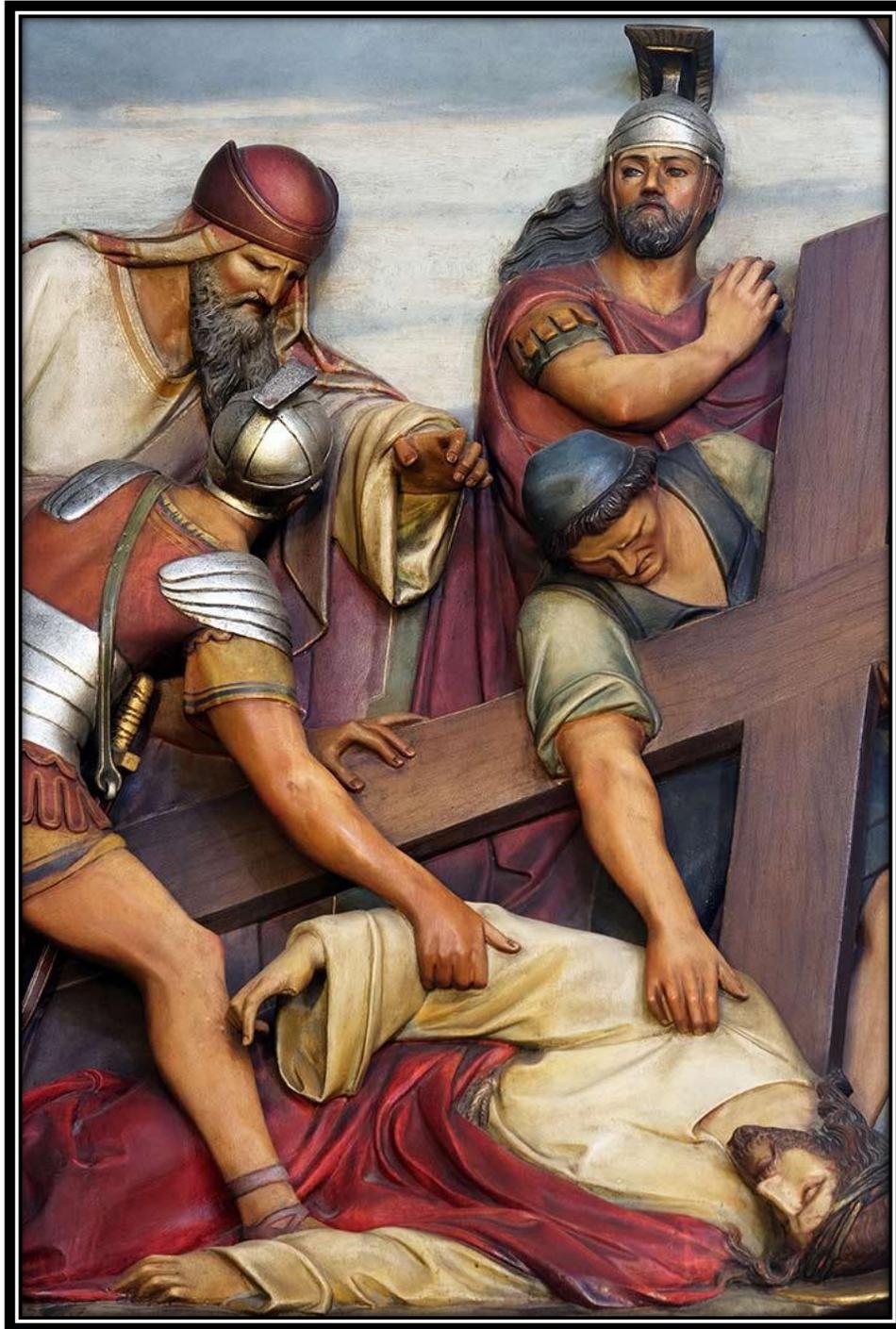
Jesus falls the second time

The Eighth Station



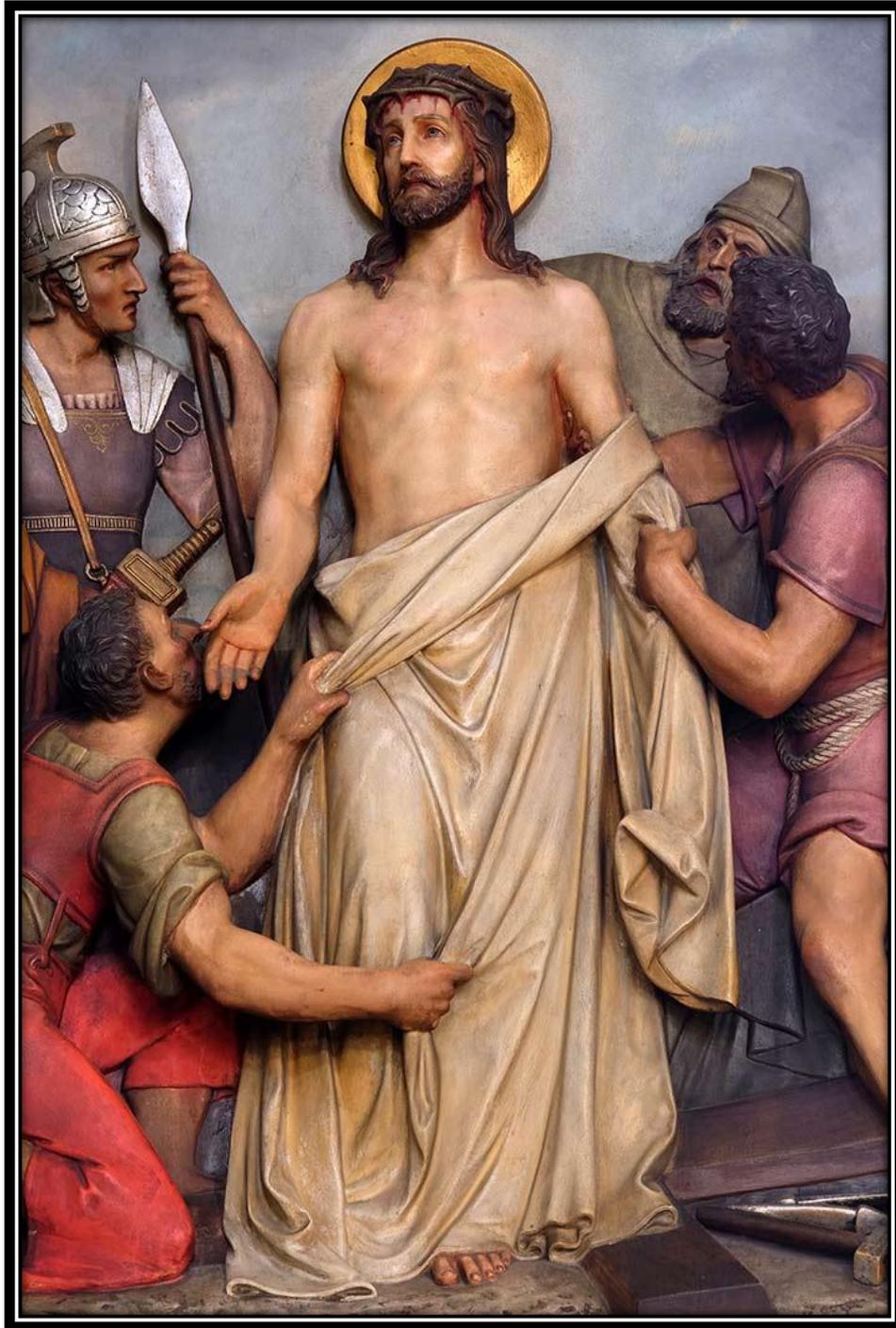
Jesus meets the women of Jerusalem

The Ninth Station



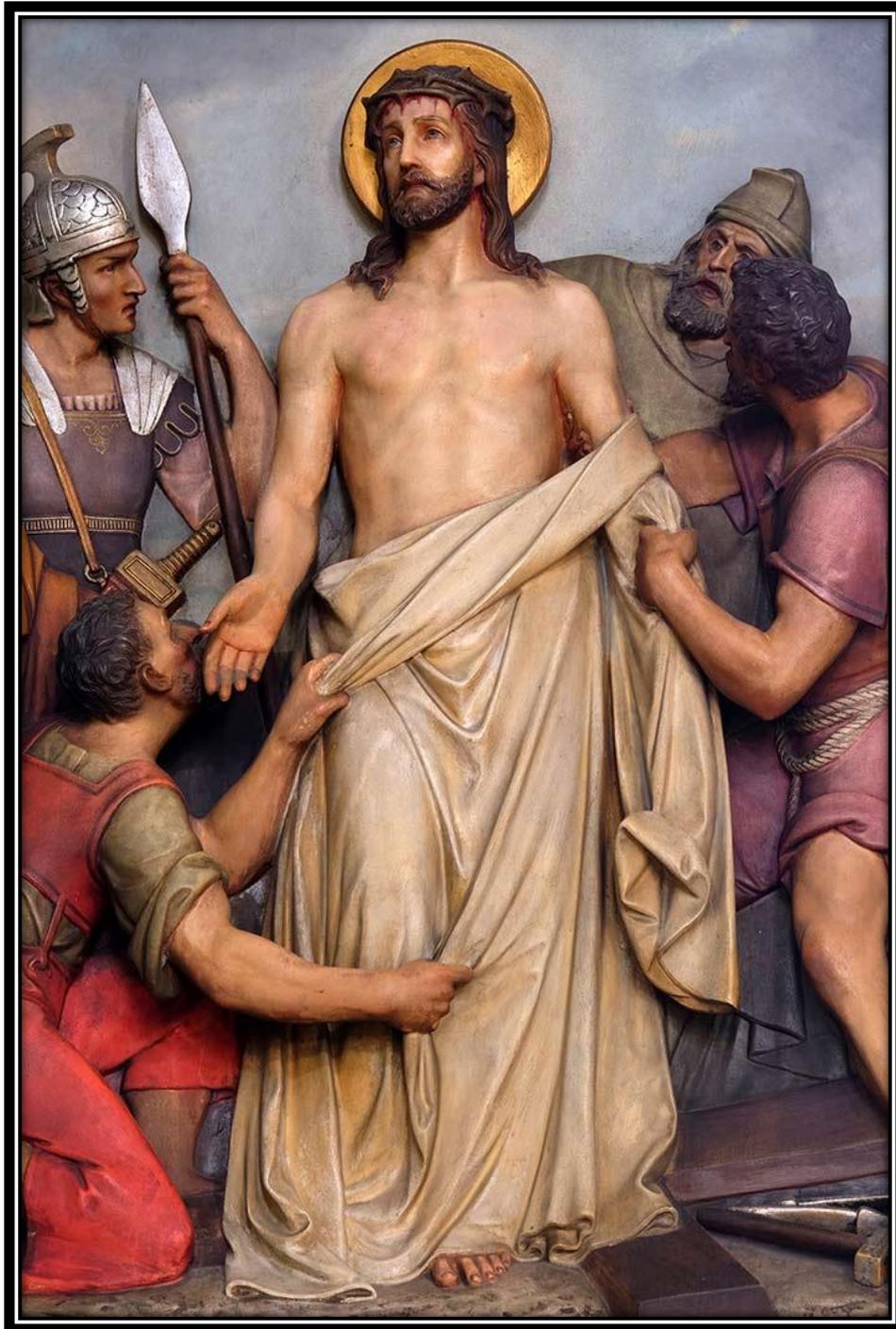
Jesus falls the third time

The Tenth Station



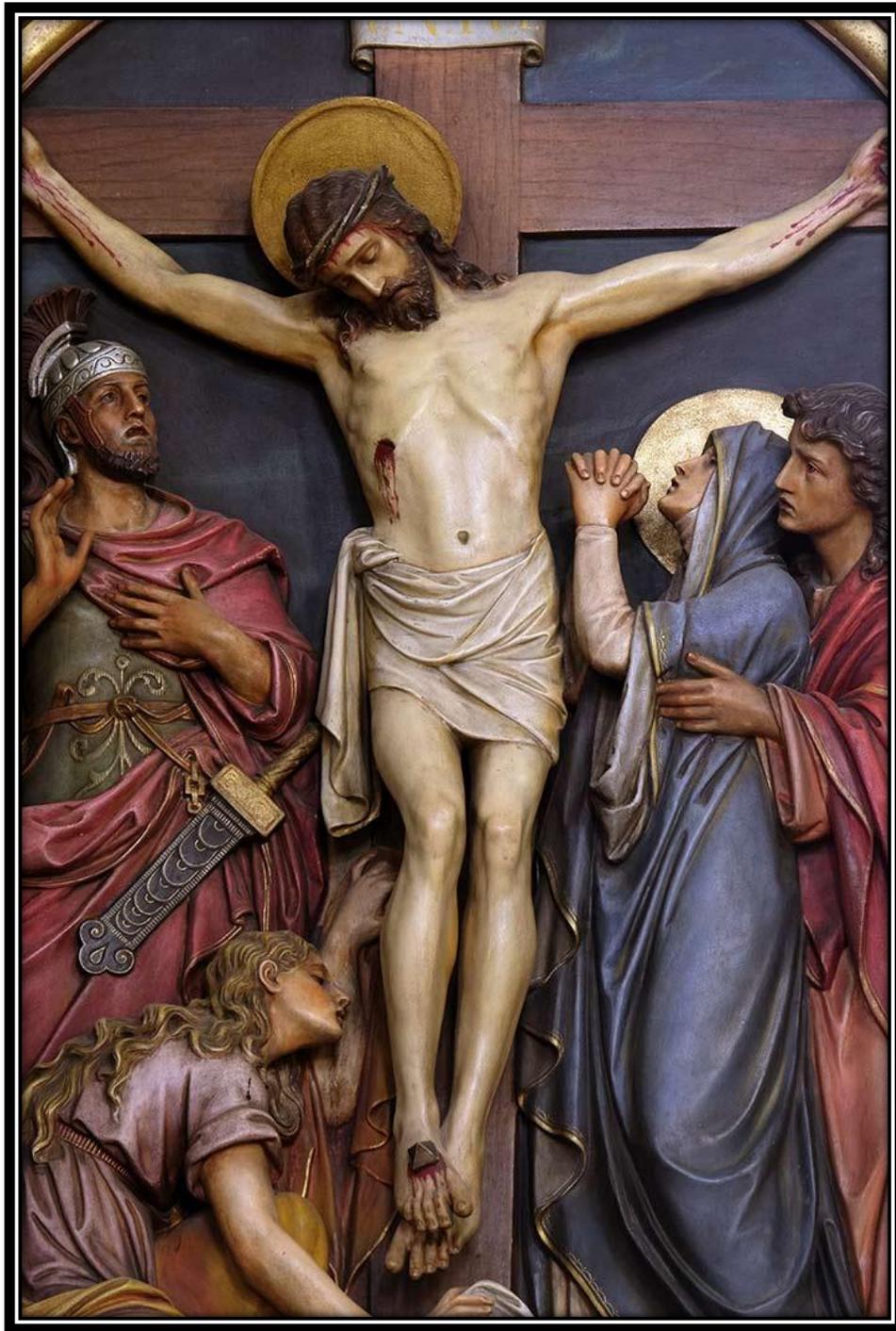
Jesus' clothes are taken away

The Eleventh Station



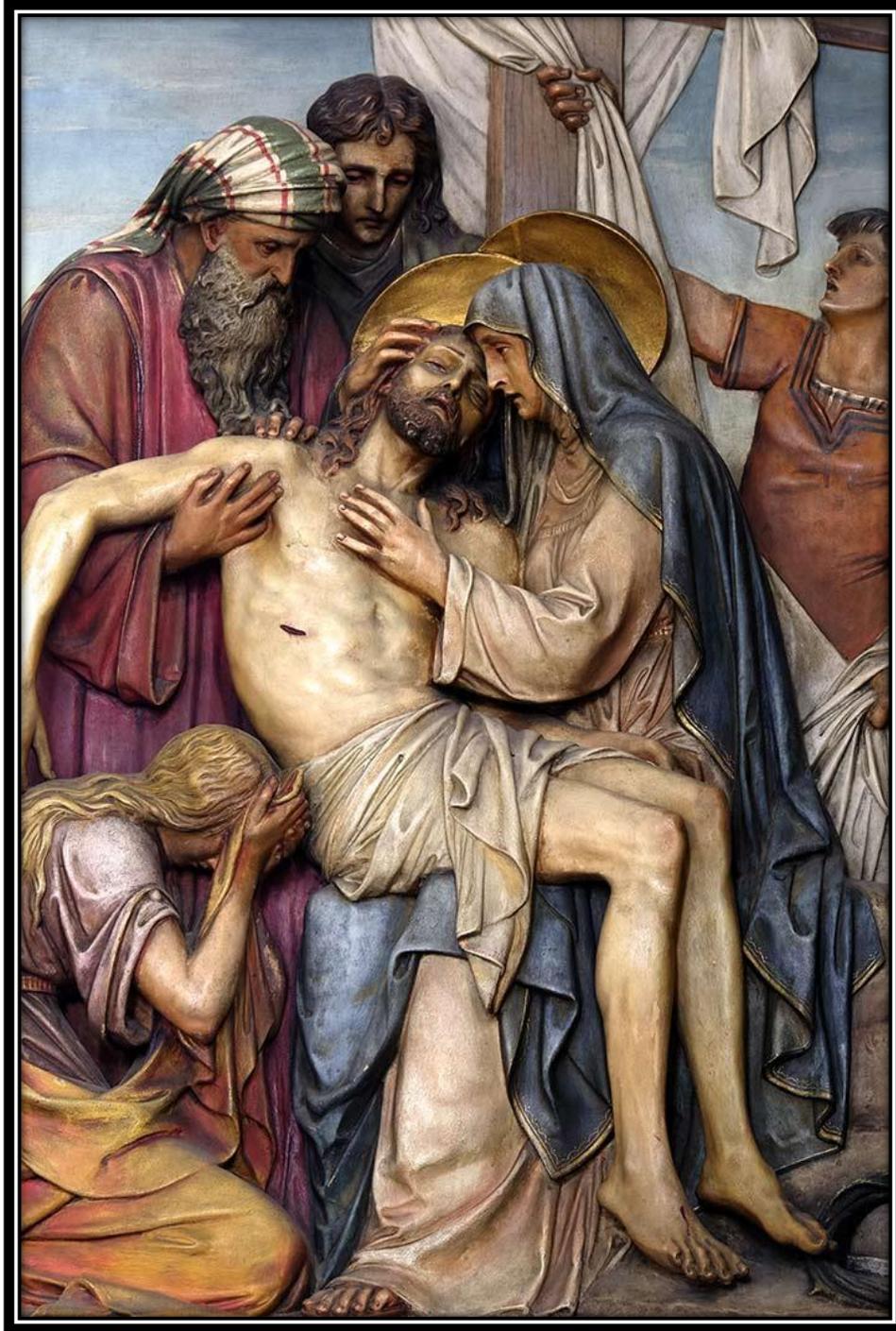
Jesus is nailed to the cross

The Twelfth Station



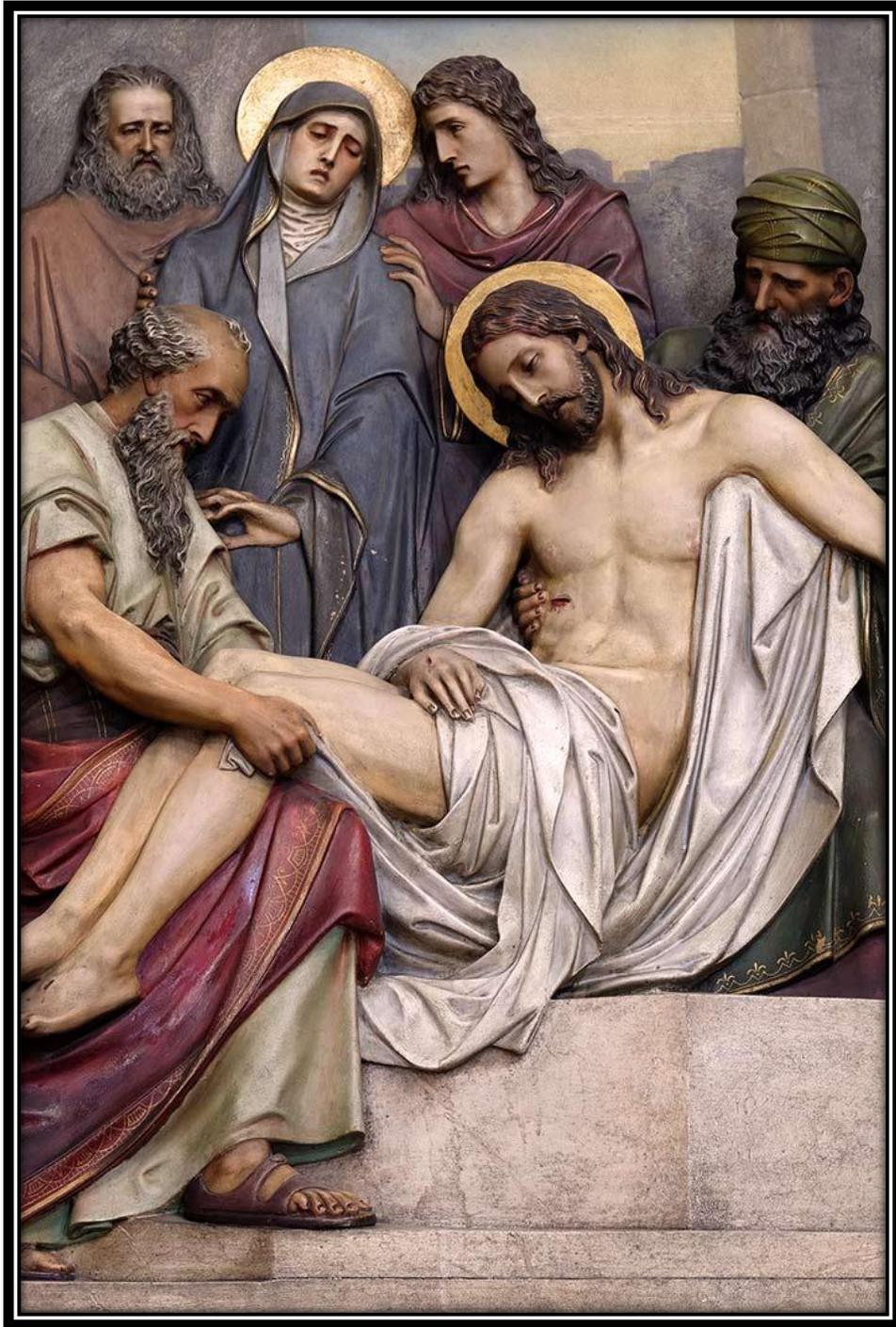
Jesus dies on the cross

The Thirteenth Station



Jesus is taken down from the cross

The Fourteenth Station



Jesus is laid in the tomb



RECITATION OF MFC KIDS PROMISE

1. I will imitate Jesus.

- I will pray to God and read the Bible every day.
- I will make Jesus as my role model by obeying rules and doing good in school.

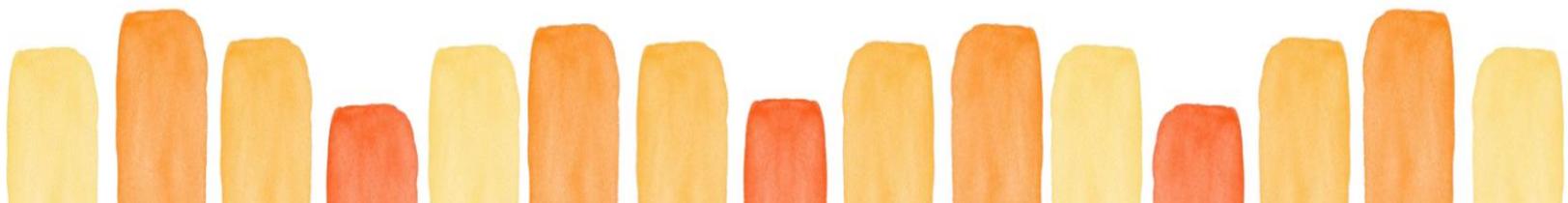
2. I will be a good family member.

- I will be a good son/daughter to my parents by obeying and respecting them.
- I will be a good sister/brother to my siblings through sharing and supporting them.

3. I will be an active member of MFC Kids.

- I will always attend and participate in all MFC Kids activities.
- I will share my time, talents, and treasures to others especially to my brothers and sisters in MFC Kids
- I will love, respect and be loyal to my MFC Kids family.

4. I will tell others about Jesus.

- I will love my brothers and sisters, relatives, and friends by doing good deeds every day that will reflect God's love.
 - I will serve in our Parish Church.
 - I will love the poor by sharing what I have with them
- 



LETTER TO OUR STAKEHOLDERS

Dear Parents/Guardians,

Greetings! Happy Month of March. For this month we are called to reflect to the beatitude “selflessness.” We are glad to share with you this topic in the middle of our Lenten season. Where we can stop or pause to have a reflection. Soon, we will commemorate Jesus’ death and resurrection but may we set our hearts ready to encounter Him through His life, death, and resurrection.

As parents and guardians, we believe that we can use this time to reconnect to our children and we can share with you some activities that will help you to initiate another conversation, meaningful experience, and fruitful vacation to your family members.

1. **Daily MFC Kids Lenten Challenge** – follow MFC Kids page and you can look for the daily Lenten Challenge. This is a 40-day challenge for Kids that will help them to be more reflective and stay closer to Jesus. Make this fun and exciting way to make this 40-day season of lent.
2. **Visita Iglesia** – Visit 7 Churches and have a prayer service. This will help us to commemorate the suffering and death of our Lord Jesus Christ. This activity will strengthen our relationship both in our family and God. We can offer one day to finish this activity. And we can use this time also to have family fellowship.
3. **Making Friday Meatless Meals** – Make Friday food preparation exciting and fun. Ask your child or children to think about the best foods that the family can eat but make sure it does not have meat. Cooking together and preparing food together can be a good avenue to speak and talk about life and connect it to the lent season reflection.

With all of these, we hope that you can strengthen your relationship as family and your family’s relationship to God. Do not forget to post your Pictures and Activities and use our March hashtags, #NeverTooYoung #MFCKids #LentenSeason

Happy Lenten Season,
The MFC Kids Servants

