



Peace Starts *with me*

July 2026
Kids Assembly Topic



KIDS ASSEMBLY TOPIC FOR THE MONTH OF JULY

TITLE:

Peace Starts with me

OBJECTIVES:

At the end of the Kids Assembly, MFC Kids will be able to:

- Learn the difference between causing conflict and making peace;
- Recognize that Jesus wants us to forgive, apologize, and build friendships;
- Choose to be a peacemaker at home, in school, and in MFC Kids.

MOTIVATION:

Activity: Peace Maker or Trouble Maker?

Instructions: Tell the kids to shout **Peacemaker** if the action shows a **Peacemaker** and **Troublemaker** if it shows a **Troublemaker**.

Examples:

Sharing your toys.
Calling your classmate names.
Saying "I'm sorry."
Hitting your sibling because you're angry.
Helping two friends become friends again.
Gossiping about someone.
Waiting for your turn.
Shouting when someone makes a mistake.
Forgiving someone who hurt your feelings.
Saying hurtful words when you're angry.

After the activity ask:

"Which actions made people happy?" "Which actions made people sad?"

Explain:

When we fight, everyone gets hurt. When we choose peace, everyone feels loved.

Today we will learn how Jesus wants us to become **Peacemakers!**





EXPANDED OUTLINE

I. HEAD

Have you ever fought with your brother or sister? Maybe because someone borrowed your toy. Maybe because someone cut in line. Maybe because someone called you a bad name. Sometimes we become so angry that we shout, cry, or even hit someone. But after fighting, how do we usually feel? Sad? Guilty? Lonely?

Fighting may seem like it solves the problem, but most of the time it only makes things worse.

A peacemaker is someone who helps stop fights instead of starting them. Peacemakers use kind words. They forgive, they listen, and they choose love over anger. God wants every MFC Kid to become a peacemaker.



II. HEART

Blessed are the peacemakers, for they shall be called children of God."
Matthew 5:9

Jesus is the greatest peacemaker. Even when people were unkind to Him. He did not seek revenge. When His disciples argued about who was the greatest, Jesus taught them to serve one another. When Peter cut off the soldier's ear, Jesus healed the man instead of fighting back. Even while hanging on the Cross, Jesus prayed: "Father, forgive them." Jesus teaches us that peace is stronger than anger. We become peacemakers when we:

Choose kind words instead of hurtful words.

Words can either heal or hurt. Instead of saying, "I don't want to be your friend!" we can say, "Let's fix this together."

Learn to forgive.

Sometimes our friends make mistakes. Sometimes our siblings accidentally break our toys. Forgiveness does not mean pretending nothing happened. It means choosing love instead of holding on to anger.

Say "I'm sorry."

Sometimes we are the ones who make mistakes. Being brave enough to apologize is one way of becoming like Jesus.

Help others become friends again.

If two classmates are fighting, instead of choosing sides, we can encourage them to forgive each other. That is what peacemakers do.

When we choose peace, our families become happier. Our classrooms become kinder. Our MFC Kids community becomes more loving. Most importantly, our hearts become more like Jesus.



III. HAND

A. Kids at Play (3-5 years old)

Activity: Color the Happy Friends

Materials

Crayons
Coloring Sheet

Directions:

Color the picture that shows children sharing, smiling, and playing together peacefully.

B. First Step (5 - 7 years old)

Activity: Peace or Fight?

Materials

Provide different pictures
Circle the pictures that show children making peace.
Cross out the pictures that show fighting.

C. Footsteps (8-10 years old), and Step Up (10-12 years old)

Activity: My Peace Shield

Materials:

Printed Shield Template
Coloring Materials

Instructions: Inside the shield, write or draw **five ways you can become a peacemaker**.

Examples:

Say sorry.
Forgive.
Share.
Pray before getting angry.
Use kind words.

Decorate your Peace Shield with colors.





D. Step Up(10-12 years old)

Activity: Conflict Role Play

Materials:

Divide the kids into small groups.
Give each group one situation.

Examples:

Two siblings fighting over the TV remote.
Friends arguing during a game.
Someone accidentally breaks another person's pencil.
Two classmates refusing to talk to each other.

Ask each group to act out:

The wrong way to solve it.
The peaceful way Jesus would want them to solve it.

After every presentation ask:

Which version looked more like Jesus?

TAKE AWAY

Being strong does not mean winning every fight. Being strong means choosing peace. Jesus wants us to become peacemakers wherever we go—at home, in school, with our friends, and in MFC Kids. Every time we forgive, say sorry, choose kind words, and help others become friends again, we become more like Jesus.

CLOSING PRAYER

Dear Jesus,

Thank You for loving us and teaching us how to live in peace. Help us to use kind words, forgive those who hurt us, and say sorry when we make mistakes. Teach us to stop fighting and become peacemakers in our homes, our schools, and our MFC Kids family. May our words and actions always bring love, joy, and peace to everyone we meet.

Amen.





RECITATION OF MFC KIDS PROMISE

1. I will imitate Jesus.

- I will pray to God and read the Bible every day.
- I will make Jesus as my role model by obeying rules and doing good in school.

2. I will be a good family member.

- I will be a good son/daughter to my parents by obeying and respecting them.
- I will be a good sister/brother to my siblings through sharing and supporting them.

3. I will be an active member of MFC Kids

- I will always attend and participate in all MFC Kids activities.
- I will share my time, talents, and treasures to others especially to my brothers and sisters in MFC Kids
- I will love, respect and be loyal to my MFC Kids family.

4. I will tell others about Jesus.

- I will love my brothers and sisters, relatives, and friends by doing good deeds every day that will reflect God's love.
 - I will serve in our Parish Church.
 - I will love the poor by sharing what I have with them
- 



Dear Parents/Guardians,

Peace be with you!

In today's world, disagreements and conflicts can happen anywhere, at home, in school, and even among friends. While it is normal for children to experience misunderstandings, these moments become valuable opportunities to teach them one of Jesus' greatest lessons: to become peacemakers.

Thank you for allowing your child to attend this month's Kids Assembly and for partnering with us in raising children who know, love, and follow Christ. We are grateful for your continued support in helping them grow not only in knowledge but also in character and faith.

For this month's assembly, we reflected on the Beatitude, **"Blessed are the peacemakers, for they shall be called children of God."** (Matthew 5:9) Through Jesus' example, our kids learned that being a peacemaker means choosing kind words instead of hurtful ones, forgiving those who have wronged us, saying "I'm sorry" when we make mistakes, and helping restore friendships instead of creating more conflict.

As parents and guardians, you are your child's first and most influential teacher. We encourage you to continue this lesson at home through these **3 P's**:

1. Pause – Teach your child to pause before reacting when they feel angry or frustrated. Encourage them to take a deep breath, pray, and think before speaking or acting. This simple habit helps them choose peace instead of hurting others with words or actions.

2. Practice – Give your child opportunities to practice being a peacemaker every day. Encourage them to say "I'm sorry," forgive quickly, share with their siblings, use kind words, and help settle small disagreements peacefully. Celebrate these moments so they will continue choosing peace.

3. Pray – Pray together as a family, asking Jesus to fill your home with love, patience, forgiveness, and peace. Let your children hear you pray for those who may have hurt you, and remind them that Jesus Himself forgave those who hurt Him. Our children learn best when they see us living the values we teach.

After practicing these activities, we encourage you to share your family's peacemaking moments on your social media accounts to inspire other families to raise children who choose peace and kindness. Don't forget to use our monthly hashtags:

#MFCKids #ParentChildActivity #NeverTooYoung #PeacemakersForJesus

Thank you once again for journeying with us in forming young disciples who reflect the love and peace of Christ. Together, let us continue raising children who choose forgiveness over anger, kindness over conflict, and peace over division.

May God bless your family always!

MFC Kids Team



A. Kids at Play (3–4 years old)

Activity:
Color the Happy Friends

Materials:

- Crayons
- Coloring Sheet



Directions:

Color the picture that shows children sharing, smiling, and playing together peacefully.



B. First Step (5–7 years old)

Activity: Peace or Fight?

Circle the pictures that show children making peace.

Cross out the pictures that show fighting.



C. Footsteps (8–10 years old)

Activity: My Peace Shield

Materials:

- Printed Shield Template
- Coloring Materials



Inside the shield, write or draw five ways you can become a peacemaker.

MY PEACE SHIELD

1

2

3

4

5





Say sorry.



Forgive.



Share.



Pray before getting angry.



Use kind words.

Decorate your Peace Shield with colors.

D. Step Up (10–12 years old)

Activity: Conflict Role Play



Divide the kids into small groups.



Give each group one situation.

Examples:

- Two siblings fighting over the TV remote.
- Friends arguing during a game.
- Someone accidentally breaks another person's pencil.
- Two classmates refusing to talk to each other.



Ask each group to act out:

1. The **wrong way to solve it.**
2. The **peaceful way Jesus would want them to solve it.**



After every presentation ask:

Which version looked more like Jesus?

