



# God's Gift: Family and Life

**February 2026**  
**Kids Assembly Topic**



## KIDS ASSEMBLY TOPIC FOR THE MONTH OF FEBRUARY

### TITLE:

# God's Gift: Family and Life

### OBJECTIVES:

At the end of the Kids Assembly, MFC Kids will be able to:

1. Acknowledge that life is a gift from God
2. Appreciate our families as part of God's gift of life for us
3. Be a role model to our families and be a kid prolife warrior

### MOTIVATION:

**Activity:** Paint Me a Picture

**Instructions:**

- Divide the kids into groups, depending on the number of participants.
- Each group would copy the pose of the projected image. Images will be about families.

Ex.


- Family eating together
- Family attending mass
- Family watching a movie
- Parents reading a bed time story to their kids
- Family praying the rosary
- Older siblings helping take care of a younger sibling
- Grandchildren taking care of their grandparents
- Family welcoming a new baby
- Family walking on a park hand in hand
- Children helping their parents with the household chores
- A set of judges would determine who wins each round.

### EXPANDED OUTLINE

#### I. HEAD

Life is a gift from God because He made each one of us with love. He made each of us special and gave us the chance to smile, play, learn, and love. God has given us many wonderful gifts in life — the sunshine, the stars, our friends, and our favorite things to do. But one of the greatest gifts He gives us is our family.






Our families are one of the most special gifts God has given us. They love us, care for us, and help us grow into the people God wants us to be. Our life is God's perfect gift, and He chose our parents to bring us into the world. Just imagine how excited and happy they were when they found out they were going to have us! Because life is such a beautiful gift, we should always be thankful to God. And the best way to show that thanks is by protecting that gift of life and the family by being a pro life warrior.



## II. HEART

When Jesus was a child, He showed us what it means to be a loving and respectful member of a family. He is the perfect example of a Pro-Life Warrior, honoring life and those around Him. Being a Pro-Life Warrior means standing up for the value of every human life, especially babies who are still growing in their mother's womb and cannot speak for themselves. Even as young as we are, we can be part of this important mission by following His example and be role models in our families by doing these three things:

1. **Respect and Listen to Your Parents** - Jesus listened to Mary and Joseph and treated them with respect. In the same way, we can show love by listening to our parents and following their guidance. Respecting our parents means being patient, even when things don't go our way, and speaking and acting kindly toward our mom, dad, brothers, and sisters.
  2. **Help and Serve Others** - Jesus grew up helping His family and neighbors. We can be like Jesus by helping out at home and in our community. Doing chores without being asked, sharing our toys or food with our siblings, and being thoughtful about what others need are simple but meaningful ways to serve. When we help others, we make their lives easier and happier, and we also grow kinder and more loving in our own hearts. Even small acts of help, when done with love, can make a big difference—just as Jesus showed us.
  3. **Be a Kid Pro Life Warrior** - Jesus loves children and protects them. Even though we are young, we can still be Pro-Life Warriors by helping protect unborn babies. We can pray for moms and their babies, asking God to keep them safe and to help moms choose life. We can also tell others that all babies are special and should be loved, even before they are born. By being kind and loving to everyone around us, we show that every life is a gift and truly important.
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### III. HAND

#### A. Kids at Play (3-5 years old)

**Activity:** Pro Life Coloring Page (Appendix A)

**Materials:**

- Coloring Material
- Printed Activity Sheet

#### B. First Step (5 - 7 years old) Foot step (8-10 y/o) and Step up (11-12 y/o)

**Activity:** Pro Life Sign


**Materials**

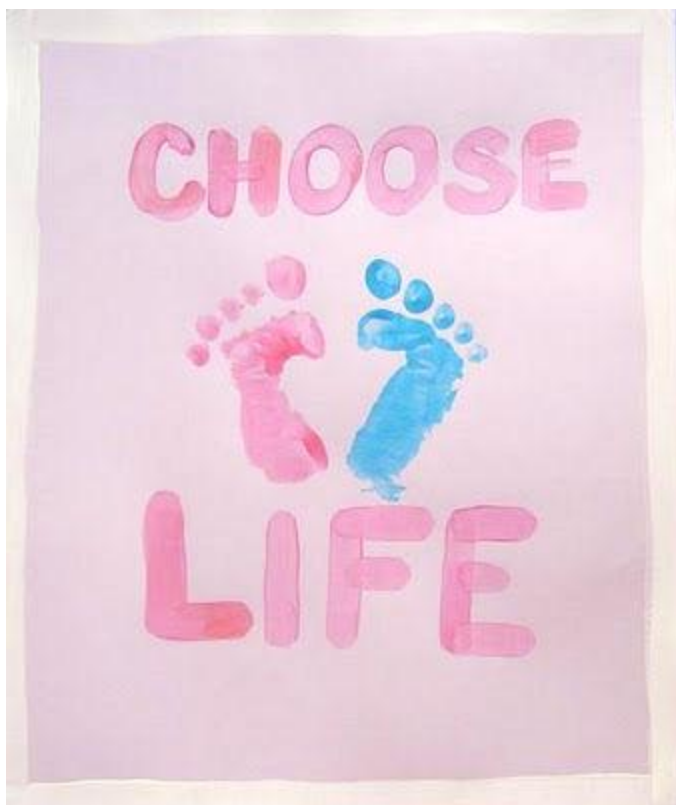
- Bond Paper or Construction paper
- Markers and coloring materials
- Paint or Ink Stamp

**Instructions:**

1. Start by making a fist and dipping the pinkie side of your hand into the paint. And carefully press it onto the paper. Use this to print the main part of the foot.
2. Add the tiny toe prints by dipping your little finger into the paint and press small dots above the foot shape.
3. On the roots, write the things that connect you to Jesus (e.g., Prayer, Bible, Church, MFC Kids, Worship).
4. Add pro life phrases using paint or markers.

Ex.

- Choose Life
  - Life is a Gift
  - God loves every Baby
  - Every Life is Precious
  - Family means Love
  - Life is Beautiful
  - Yes to Life
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## TAKE AWAY

By showing respect, offering help, and practicing patience—just as Jesus did within His family—we can become shining examples and reflect God’s love in our own homes. Even at a young age, we are called to stand up for life and defend the unborn.

## CLOSING PRAYER

Dear Jesus, I want to be rooted in You. Help my roots grow deep through prayer and learning about You. Make me strong so I can stand for You and share Your love with everyone I meet. Amen.





## RECITATION OF MFC KIDS PROMISE

### **1. I will imitate Jesus.**

- I will pray to God and read the Bible every day.
- I will make Jesus as my role model by obeying rules and doing good in school.


### **2. I will be a good family member.**

- I will be a good son/daughter to my parents by obeying and respecting them.
- I will be a good sister/brother to my siblings through sharing and supporting them.

### **3. I will be an active member of MFC Kids**

- I will always attend and participate in all MFC Kids activities.
- I will share my time, talents, and treasures to others especially to my brothers and sisters in MFC Kids
- I will love, respect and be loyal to my MFC Kids family.

### **4. I will tell others about Jesus.**

- I will love my brothers and sisters, relatives, and friends by doing good deeds every day that will reflect God's love.
  - I will serve in our Parish Church.
  - I will love the poor by sharing what I have with them
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**Dear Parents/Guardians,**

Thank you for letting your child/ren participate in our Kids Assembly this month.

We honor your patience and love for your kid/s that you allowed them to hear God's messages for them. This month, we have talked about the gift of life & how their families became God's gift to them. We shared with them the beauty of being part of a family. Since you, the parents, are the primary educators & evangelizers of your children, we invite and encourage you to do the following activities that would make you and your child/ren appreciate the beauty of life and family.

**Do Household Chores Together** - Give your child/ren simple tasks and do them as a family. Helping at home teaches children that everyone is important and that caring for one another is a way of showing love. Being pro-life starts at home by respecting and helping each other.

**Eat together with your whole family** - Share meals without distractions and enjoy time together. Talking and listening during meals help children feel loved and valued. This reminds them that every life matters and that family time is a gift.

**Family Prayer Time** – Pray together and thank God for the gift of life and family. Pray also for all the unborn child. Prayer helps children understand that life comes from God and should be loved and protected.

After doing the activities, we encourage you to post these on your social media accounts so that you can inspire other parents and families to journey with their kids. Use these hashtags - #MFCKids #ParentChildActivity #MomentsThatMatter

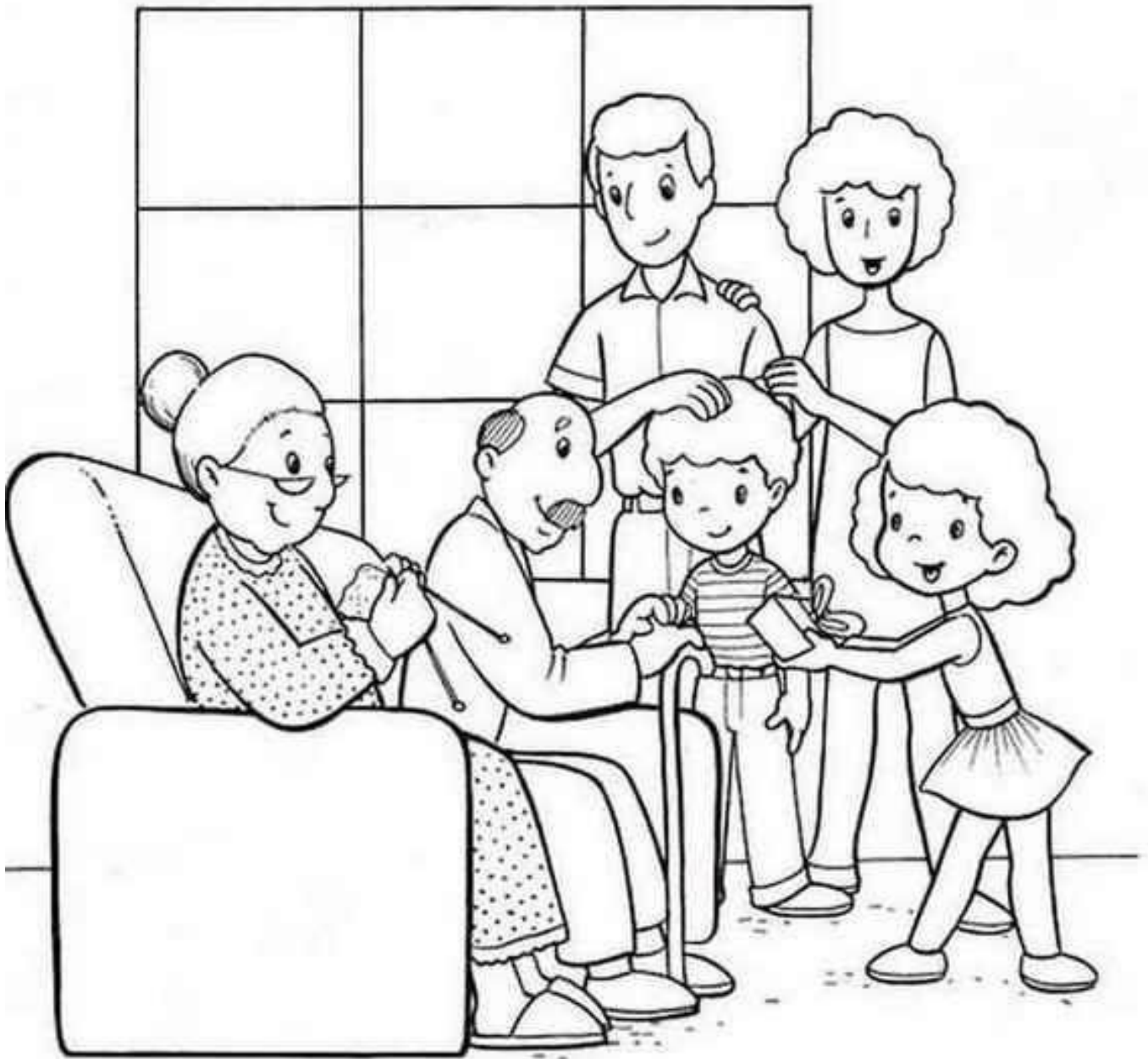
Thank you much and we hope to be with your kid/s next month!

**The MFC Kids Servants**





APPENDIX A



APPENDIX A

# BE A VOICE FOR THE VOICELESS!

PROVERBS 31:8-9

