



HONEST HEART

August 2026
Kids Assembly Topic



TITLE:

Honest Heart

OBJECTIVES:

At the end of the Kids Assembly, MFC Kids will be able to:

- 1. Understand that honesty means telling the truth and doing what is right even if no one is watching.
- 2. Learn that a pure heart is honest, kind and pleasing to God.
- 3. Choose to practice honesty wherever you are.

MOTIVATION:

A. “Honest or Not? Charades”

Invite volunteers to act out situations without speaking. The group guesses if the person is being honest or dishonest.

Sample Scenario:

- *Returning a lost toy to its owner.*
- *Pretending not to know who spilled the juice.*
- *Telling your parents you accidentally broke a plate.*
- *Hiding a broken toy instead of telling the truth.*
- *Admitting you forgot to do your homework.*
- *Telling the teacher that you found someone's pencil.*
- *Keeping money you found instead of trying to find the owner.*
- *Blaming your brother or sister for a mess you made.*
- *Copying a classmate's answers during a quiz.*
- *Saying sorry after accidentally hurting a friend.*

Processing: Sometimes it's scary to tell the truth because we're afraid of getting into trouble. But honesty means choosing to do what is right, even when it's difficult. Every time we tell the truth, we show that we love God and want to follow Him.

EXPANDED OUTLINE

I. HEAD

Have you ever told a lie because you were afraid? How did you feel afterward?





Sometimes we make mistakes, and it can be scary to admit what we did. We may think we will get into trouble or disappoint others. But God looks beyond our actions—He looks at our hearts. He wants each of us to have a pure heart, a heart that loves the truth, chooses what is right, and is honest.

Being honest means telling the truth, admitting when we make mistakes, not cheating or taking things that do not belong to us, keeping our promises, and doing the right thing even when no one is watching. Every time we choose honesty, we show God's goodness in our lives and allow Him to shape our hearts to become more like His.



II. HEART

Blessed are the pure in heart, for they will see God.

Matthew 5:8

A pure heart is one that loves God and chooses to live according to His ways. It is a heart that values truth, desires to do what is right, admits when it has made a mistake, and is willing to say sorry. Every day, it seeks to obey God with love and sincerity. While people may focus on what they see on the outside, God looks at what is in our hearts. He delights in hearts that are honest, humble, and eager to follow Him. Having an Honest Heart is important because:

- **Honesty Pleases God** - God is the source of all truth, and He wants us His children to live truthfully. When we choose to be honest, we show our love for God and our desire to obey Him. Even if telling the truth is difficult, God is happy when we choose what is right because He sees our hearts.
- **Honesty Builds Trust** - Honesty helps people know they can depend on us. When we tell the truth, keep our promises, and admit our mistakes, others learn that they can trust us. Trust is important in our friendships, at home, and in school. Example, **"Would you rather lend your favorite toy to someone who always tells the truth or someone who lies?"** Most of us would choose the honest person because we know they will take good care of it and return it. Being honest helps us become good friends and trustworthy children of God.
- **Honesty Gives Us Peace** - When we tell the truth, we don't have to hide what we did or worry about being caught in a lie. Telling the truth gives us peace because we know we have done the right thing. Even if we make a mistake, it is always better to admit it than to cover it up with another lie. God forgives those who are honest, humble, and willing to ask for forgiveness, and He fills our hearts with His peace.



III. HAND





A. Kids at Play (3-5 years old)

Activity: Honesty Coloring Page (Appendix A)

Materials:

- Coloring Material
- Printed Activity Sheet

Instruction:

- Color the picture that shows Honesty.

B. First Step (5 - 7 years old)

Activity: Honest or Not? (Appendix B)

Materials

- Coloring materials
- Printed Activity Sheet

Instructions:

- Color the happy face if the child is honest.
- Color the sad face if the child is dishonest.

Note to the Facilitator: After doing the activity, before the assembly ends, call some representatives and let the kids share their work with the group.

C. Footsteps (8-10 years old)

Activity: Honest Heart Craft (Appendix C)

Materials:

- Heart Shape paper
- Crayons / Markers
- Stickers
- String

Instructions:

1. Make a big heart shaped paper.
 2. Write at the top: "Honesty Shows a Pure Heart."
 3. Inside the heart, children write or draw: Three ways they can be honest. One promise they want to make to God about honesty.
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4. Decorate the heart and take it home as a reminder.

D. Step Up (10-12 years old)

Activity: Two Truths and a Lie

Instruction:

Each child tells the group three statements about themselves — two are true, and one is a lie. The others must guess the lie and explain why they think so.

TAKE AWAY

Honesty is a choice we make every day through our words and actions. Whether we are at home, at school, or with our friends, we can show honesty by telling the truth, taking responsibility for our mistakes, and doing what is right. Jesus showed us the perfect example of living truthfully, and when we follow Him, He helps us become children with pure hearts who honor God in everything we do.

CLOSING PRAYER

Dear Jesus,

Thank You for loving us and teaching us to live with honest and pure hearts. Help us to always tell the truth, even when it is difficult. Give us courage to admit our mistakes and choose what is right. Make our hearts clean, kind, and full of Your love so that we may become more like You each day.

Amen.





RECITATION OF MFC KIDS PROMISE

1. I will imitate Jesus.

- I will pray to God and read the Bible every day.
- I will make Jesus as my role model by obeying rules and doing good in school.

2. I will be a good family member.

- I will be a good son/daughter to my parents by obeying and respecting them.
- I will be a good sister/brother to my siblings through sharing and supporting them.

3. I will be an active member of MFC Kids

- I will always attend and participate in all MFC Kids activities.
- I will share my time, talents, and treasures to others especially to my brothers and sisters in MFC Kids
- I will love, respect and be loyal to my MFC Kids family.

4. I will tell others about Jesus.

- I will love my brothers and sisters, relatives, and friends by doing good deeds every day that will reflect God's love.
 - I will serve in our Parish Church.
 - I will love the poor by sharing what I have with them
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Dear Parents/Guardians,

Thank you for allowing your child(ren) to join our Kids Assembly this month. We are grateful for your love, support, and commitment to helping them grow in their faith. By bringing them to the assembly, you have given them the opportunity to listen to God's Word and discover His great love for them.

This month, our children learned about honesty. They discovered that honesty begins with a pure heart—a heart that loves God, chooses to do what is right, and desires to live according to His will.

As parents, you are the primary teachers and faith builders of your children. We invite you to continue this lesson at home by doing these simple and meaningful family activities together.

Honesty Jar Challenge

Place a jar in a common area of your home along with slips of paper and a pen. Whenever your child tells the truth in a difficult situation or chooses to be honest, invite them to write it down and place it in the jar. At the end of the week, read the notes together and celebrate your family's "Honesty Heroes" with a small reward or a special family activity.

This activity helps children:

- Reflect on their choices.
- Practice honesty every day.
- Build confidence in telling the truth.

Promise Hands

As a family, make a commitment to live with honesty. Trace the hands of each parent and child on colored paper and cut them out. On each hand, write one promise, such as:

"I will tell the truth."

"I will admit my mistakes."

"I will forgive others when they are honest."

Glue the hands together and display them somewhere in your home as a reminder that your family chooses honesty every day.





This activity encourages meaningful conversations about honesty and reminds everyone to keep their promises to God and to one another.

Honest Compliments and Feelings Chart

Create a simple chart where family members can write honest compliments or share their feelings in a kind and respectful way. Encourage everyone to speak truthfully with love and to appreciate one another's efforts.

This activity helps children understand that honesty strengthens relationships and creates a loving, trusting home.

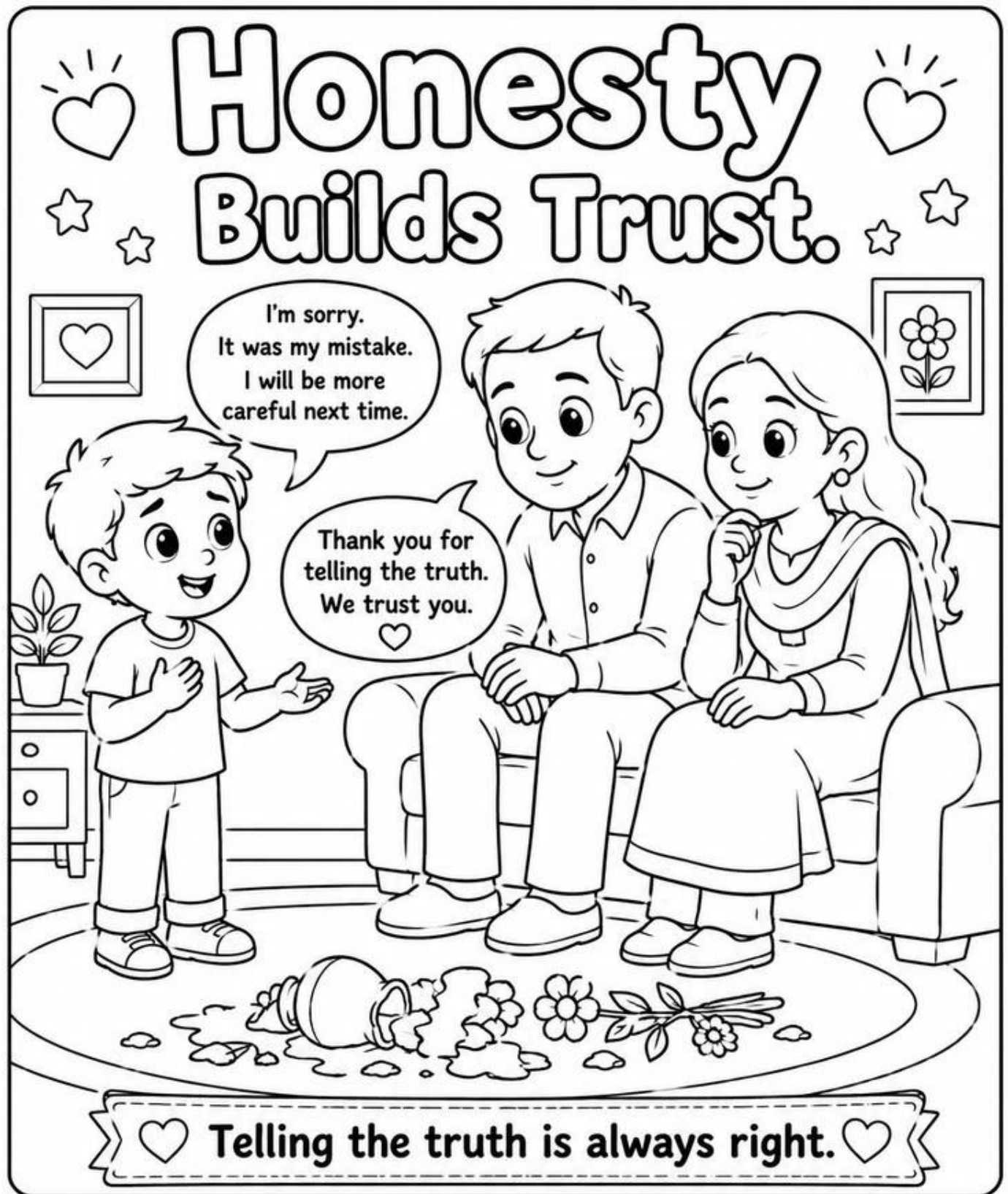
After completing these activities, we encourage you to share your family's experience on social media to inspire other parents to grow in faith with their children. Don't forget to use the hashtags:

#MFCKids #ParentChildActivity #MomentsThatMatter

Thank you once again for partnering with us in nurturing your child's faith. We look forward to seeing your child(ren) at our next Kids Assembly. May God continue to bless your family!

The MFC Kids Servants





Appendix B

Name: _____



HONEST OR NOT?

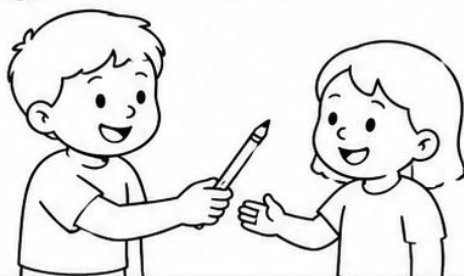


Look at each picture.

Color the **HAPPY** face 😊 if the child is honest.

Color the **SAD** face ☹️ if the child is dishonest.

1 Returning a pencil.



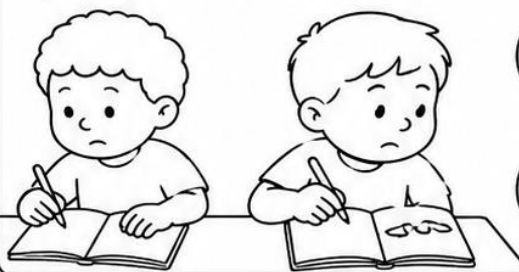
2 Saying "I didn't do it" when they actually did.



3 Admitting they spilled the juice.



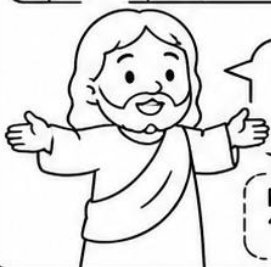
4 Copying homework.



5 Giving back extra change.



6 Keeping a promise.



Honesty means choosing to tell the truth and do what is right.

♥️ Jesus loves an honest heart! ♥️

Memory Verse:

"Blessed are the pure in heart, for they will see God." – Matthew 5:8



Appendix C

