



PERFECT TIMING

MARCH 2025
KIDS ASSEMBLY TOPIC

Kids Assembly Topic for March 2025

Title:

PERFECT TIMING

Objectives:

At the end of the session, participants should be able to:

- Understand patience, its importance, and how to practice it
- Recognize patience as a gift of the Holy Spirit and cultivate it
- Appreciate the Stations of the Cross and its connection to their faith

MOTIVATION

Activity: Jesus Says

This game is like "Simon Says" and helps children practice patience. Those who rush or try to anticipate the next instruction may miss it if "Jesus Says" is not spoken. This activity encourages patience and attentiveness.

EXPANDED OUTLINE



I. HEAD

"But if we hope for what we do not see, we wait for it with patience."

Romans 8:25

When was the last time you received a gift? We all receive gifts in our lives, whether from loved ones or friends. But one of the most precious gifts comes from God: the gift of the Holy Spirit. Among these gifts, one is patience. Patience helps us grow in faith and face life's challenges with grace. Patience is like waiting with a happy heart. Think about when you're excited for something—like a snack or your turn on the swing in the playground. Waiting calmly without getting upset is being patient.

God gives us the grace to stay peaceful and joyful while we wait. Simply put, patience is the ability to wait without getting upset while keeping a positive attitude. Patient kids stay calm, even when things take longer than expected. Patience requires acceptance

and tolerance, and it's often easier to practice when there's a goal or reward in sight. Ultimately, patience gives us hope, helping us trust in God's perfect timing.



II. HEART

As we journey through this season of Lent, we are invited to deepen our faith and grow closer to God. Lent calls us to reflect on Jesus' sacrifice through fasting, prayer, and almsgiving. But it also presents a unique opportunity to embrace patience—something that can be difficult to practice in our fast-paced lives.

God calls us to trust in His perfect timing and cultivate patience through:

1. Practicing Acts of Charity

Patience is often tested in our relationships with others. Through acts of charity, we learn to be patient by putting others before ourselves. Charity isn't just about giving material things, it's also about offering kindness, listening with an open heart, and showing compassion, even when it's difficult. Every time we choose to be patient with a family member, friend, or even a stranger, we reflect God's love. When we serve others with patience, we imitate Christ, who was always gentle and merciful.

2. Exercising Self-Control

One of the greatest challenges to patience is controlling our emotions, especially when we feel frustrated, hurt, or wronged. The natural response to anger is often immediately raising our voice, reacting in frustration, or seeking revenge. However, true patience calls us to pause, take a deep breath, and respond with grace instead of anger. God shows incredible patience toward us, forgiving us time and time again despite our shortcomings. By practicing self-control and letting go of irritation, we grow in virtue and reflect His mercy.

3. Persevering in Prayer

Patience is essential in our prayer life. Often, we want immediate answers to our prayers, but God's timing is not our own. Sometimes, we must wait days, months, or even years before we see the fruits of our prayers. However, during that waiting period, God is at work in ways we may not yet understand. Persevering in prayer—even when answers are delayed—helps us grow in trust and deepen our relationship with God.

Rather than seeing waiting as a burden, we can embrace it as an opportunity for spiritual growth, knowing that God's plans for us are always good.

As we reflect on Jesus' life, death, and resurrection this season, let us remember that His patience carried Him to the cross for us. In the same way, we are called to be patient with our own growth and trust in God's work in our lives. May the patience of our Lord remind us of the salvation He offers to all.

IV. HAND

Activity: Pray the Stations of the Cross (ALL)

Materials Needed:

- One big cross (to be carried as they pray and move from station to station)
- Printed images of the Stations of the Cross across the venue
- Guide in praying for the Stations of the Cross

Download the images and guide here:

<https://www.catholicnh.org/assets/Documents/Worship/Our-Faith/Lent/Stations-of-the-Cross.pdf>

Instructions:

- Make sure that all materials are ready.
- Remind the kids that all will need to participate. And this activity is in prayer mode.
- Teach them how to genuflect.
- For senior kids, make sure that they will participate in reading. Provide printed copies to them, if possible, to all kids.
- Background music/vespers is not necessary but allowed. You can use the instrumental version of "Tell the World of His Love" as the only background music until the activity finished. You may download it here:

<https://drive.google.com/file/d/1lqj8ZyiH2xMpMMnXkmdQprn6EhOxhhys/view>

How to Pray the Stations of the Cross:

- Assign someone to be the Leader – this can be a Heart Champ or Coordinator. You can assign different leaders per station.
- All will Genuflect during the “We Adore You, O Christ, and we praise You”. We genuflect every station because it is our way of acknowledging and honoring the presence of Jesus.
- Read the prayer or the reflection. It can be read by all or by the leader.
- Pause for 10 seconds after the Reading to give some time for reflection then proceed to the closing prayer. The closing prayer should be prayed by all. (Our Father, Hail Mary, Glory Be)
- After the first station, proceed to the second station. Make sure that the big cross will be carried around to each station.
- You can assign who will carry the cross per station as they pray and reflect then repeat the process until the Final Closing Prayer.

TAKE AWAY

Each day, we encounter situations that test our patience. These may be small, like waiting for someone when you're in a hurry, or significant, like trusting God to heal a loved one. By practicing patience in the little things, we allow God to strengthen us for greater challenges.

This Lent, let us remember that patience is not just about enduring difficulties but about trusting in God's plan, even when we don't fully understand it.

RECITATION OF MFC KIDS PROMISE

1. I will imitate Jesus.

- I will pray to God and read the Bible every day.
- I will make Jesus as my role model by obeying rules and doing good in school.

2. I will be a good family member.

- I will be a good son/daughter to my parents by obeying and respecting them.
- I will be a good sister/brother to my siblings through sharing and supporting them.

3. I will be an active member of MFC Kids

- I will always attend and participate in all MFC Kids activities.
- I will share my time, talents, and treasures to others especially to my brothers and sisters in MFC Kids
- I will love, respect and be loyal to my MFC Kids family.

4. I will tell others about Jesus.

- I will love my brothers and sisters, relatives, and friends by doing good deeds every day that will reflect God's love.
- I will serve in our Parish Church.
- I will love the poor by sharing what I have with them

Dear Parents/Guardians,

Thank you for allowing your child(ren) to participate in this month's Kids' Assembly. We honor your patience and love in giving them the opportunity to hear God's message for them. This month, we guided the children in praying the Stations of the Cross to help them understand the story of Jesus' passion, death, and resurrection. We shared with them the significance of this prayer, helping them appreciate the life they have—a life made possible through Jesus' greatest sacrifice.

As parents, you are the primary educators and evangelizers of your children. We invite and encourage you to take part in the following activities to help your family grow in faith and become more like Jesus this Lenten season:

1. **Pray the Rosary** – Set aside time to pray the Sorrowful Mysteries together, whether daily, weekly, or at a pace that works for your family. If praying for the entire Rosary feels overwhelming with little ones, start with just one decade. This practice will help your family reflect on Jesus' passion, death, and resurrection.
2. **Make a Lenten Sacrifice** – Choose a Lenten sacrifice as a family. Is there something you can give up helping those in need? Consider donating the money you would have spent on a meal out to a food pantry. This simple act will help your child(ren) understand the meaning of almsgiving.
3. **Join Holy Week Activities** – Participate in your parish's Holy Week activities. Engaging in these traditions will deepen your family's understanding and appreciation of the rich Catholic heritage of the Church during this sacred time.

May this Lenten season draw you and your family closer to Christ.

After doing the activities, we encourage you to post these on your social media accounts so that you can inspire other parents and families to journey with their kids. Use these hashtags - #MFCKids #ParentChildActivity #MomentsThatMatter

Thank you very much and we hope to be with your kid/s next month!

MFC Kids Team