



LIVE PURE KIDS



Hello dear Heart Champs and Couple Coordinators!

Live Pure Kids is an integral part of the Missionary Families of Christ Kids, where we strive to nurture faith, strengthen families, and promote a life of purity.

This month, we have an exciting Kids Assembly Topic (KAT) planned just for you. It's all about living a pure and virtuous life. Our Live Pure Kids formation is divided into 2 sessions, one for kids-at-play and first steps (kids ages 3-7 years old), and another for footsteps and step-up (kids ages 8-12 years old). You may use any session that you see fit. It's either you divide the Kids Assembly into 2 groups so they can use and discuss a more age-appropriate session. Or, you may just choose one of the 2 available sessions.

You can find these 2 Live Pure Kids sessions attached in this document. You can also check and download 2 different available PowerPoint presentations uploaded on our website.

Thank you and God bless!



LIVE PURE KIDS JUNIOR: GOD'S GREATEST WONDER

Audience: Kids at Play & First Steps (3 y/o to 7 y/o) | (Kindergarten to Grade 2)

OBJECTIVES

At the end of the session, the kids should be able to:

- To know that we are created in the image and likeness of God
- To appreciate their identity as sons & daughters of God
- To take good care of their body and soul as a way of glorifying God

MOTIVATION

Activity: Mirror Box

(prepare a box with a mirror on it)

Tell the kids that you have with you - inside the box - the most important person in the world, and let the kids guess who could that be. Open the box to reveal the mirror! Let the children take turns in looking at the mirror one at a time and ask them who they see.

Now ask them again, "who is the most loved, important, and special person in the world? They should answer, "me!"

Note: if no box is available, kindly prepare a medium-sized mirror, enough to see their faces



EXPANDED OUTLINE

I. INTRODUCTION

"So God created man in his image, in the image of God he created him; male and female he created them." - Genesis 1:27

Do you know who made you? It is God. He made you out of love! God is our heavenly Father and we are His children. God made us because He loves each one of us so much! He really wanted that the boys are boys, and the girls are girls. All of us are created in the image and likeness of our Heavenly Father. He made us special because we are modeled after Him! We are the best of the bests of all His creation! And He made sure that everything we need is already available before He even created us, That's how He loves us so much.



II. WONDERFULLY MADE

The word 'wonder' means - a feeling of surprise mingled with admiration, caused by something beautiful or incomparable. Truly, God works wonders! And the greatest wonder is YOU! As God's wonderful creations, let us not take for granted these truths about who we really are.

A. You are Unique and Special

Who here has a nose? How about fingers & toes? Yes, God gave all of us our bodies! There are certain things we all have in common like having a body, heart, mind and spirit. But there are also things that make us each unique! We are different from others because we have our own giftedness. We can do things that others cannot do and vice versa. And God made us that way, because we are special for Him! "*Nag-iisa ka lang*", you are one of a kind!



B. You are Loved and Important

God wants you to experience His love and learn how to love others as well. That is the reason why God gave us our families that we have right now. He gave us our parents, siblings, and friends because He wants us to be cherished, loved, valued for who we are. That's how loved and important we are to Him.

I. GOD'S GREATEST WONDER (Happy, Healthy, and Holy)

Our Heavenly Father gave us our bodies - and with our bodies, we can do wonderful things! Our bodies are important and God wants us to take good care of them and live a happy, healthy, and holy life. So here are some ways that we can do to take care of our bodies:

1. HAPPY LIFE

- Be grateful for all the blessings from God (from small to big ones)
- Have fun with friends & classmates

2. HEALTHY LIFE

- Get an adequate amount of sleep
- Exercise and eat healthy foods.
- Wash your hands and take a bath regularly

3. HOLY LIFE

- Pray regularly
- Hear Sunday mass with your family

It is important to take care of our bodies because it is God's gift to us. Caring for our body glorifies Him. Let's always ask for guidance and help from God on how we can take care of our bodies and souls.





III. ACTIVITY: Arts and Crafts

“I AM GOD’S GREATEST WONDER MIRROR CRAFT”

Materials:

- Colored Paper
- Aluminum Foil
- Glue
- Scissors
- Decorating materials

Direction:

- Draw a mirror shape onto craft paper and cut out.
- Cut out an oval shape out of aluminum foil and glue on the mirror.
- Let children decorate their mirrors.





IV. CONCLUSION

You are God's greatest wonder! And everyone is made after God's image and likeness, even your least favorite person. It is not just our bodies that we should take care and respect but also the people around us. They are also wonderfully made by God! Let's take care of our bodies so we can do many wonderful things for God and to the people around us.

Note: Speaker to ask the kids to express their gratitude for their identity and their bodies that God gave them. Invite the children to say with a loud voice, "I AM GOD'S GREATEST WONDER AND I WILL TAKE CARE OF MYSELF AND MY BODY"



LIVE PURE KIDS SENIOR: THROUGH THE FATHER'S EYES

Audience: Footsteps (8-10 years old) and Step Up (11-12 years old)

OBJECTIVES

At the end of the session, the kids should be able to:

- Realize how special they are as children of God
- Appreciate their uniqueness and see beyond the judgements that the world makes about them
- Be reminded of God's unchanging love through the people around them.

MOTIVATION

Activity: Guess who?

Speaker will show photos of different celebrities and kids will guess who they are.

EXPANDED OUTLINE



I. INTRODUCTION

All of us men are created out of love. It is out of God's abundant love for us that is why we are here on earth, living and breathing and experiencing many good things. And part of us being created, we were also given an identity. And we often ask ourselves, "Who really am I?"

Because of the world we live in today, many different things confuse young people today about our real identity. The presence and intensity of Media and Social Media influence us on how we do ourselves.

We now become afraid to show who we really are and post a false identity just to be accepted. And the most concerning in today's generation is relativism, a belief that there is no absolute truth anymore and truth is relative to one's own belief. Because of relativism, the right becomes wrong and the wrong becomes right.

With all of these things, how and where can we really find our true identity? Who are we? Who Am I?



II. THROUGH THE FATHER'S EYES

"So God created man in his image, in the image of God he created him; male and female he created them." - Genesis 1:27

All of us are created by God. For us to find and know our true identity, we must all look back to the original intent of God for us and how he originally designed us because this is who you truly are.

1. **We are Special and Beautiful.**

God made us special because He modeled us after Him. All about Him is beautiful. And since we are made after the image of a beautiful God, we too are beautiful.

2. **We are Human Beings.**

Among all the creations of God, we are the only one who has given a free will. No other animal is like that. He put people in charge of everything else on earth and to take care of it. We are humans with self-control and not animals who only have animal instincts.

(Note: You can show on this part the “Marshmallow Test” video)

Our self control will help us to take care of God’s creation, especially our body. God designed man and woman to be different from and complementary to each other. And as a man and woman, each also has a different role to play. Man is made basically and generally for WORK ROLE and women on the other hand is made for CARING ROLE. Even though they have different primary roles, it is not an excuse for a man not to care and for a woman not to work.

(Note: The table below are the sample differences of man and woman in physical, psychological, intellectual and spiritual. You can use this as reference to help the kids understand the difference between man and woman)

“Man and Woman’s Differences”	
WORK ROLE MAN	CARING ROLE WOMAN
PHYSICAL	
Bigger and stronger bones Low voice Coarse skin Flat breasts Square hips and body structure Sturdy and heavy movements Perspires more	Small and fragile bones Soft voice Fine skin Developed breasts Rounded hips and body structure Graceful and gentle movements Perspires less
PSYCHOLOGICAL	
Self-fulfillment in work Seeks reassurance of work Stress on actions and achievements Direct, blunt and brief	Self-fulfillment in relationships Seeks reassurance of being loved Stress on what they are Indirect, symbolic and puzzling

Leader Less patient, less enduring Protector Objective	Follower More patient, persevering Provides caring Subjective
INTELLECTUAL	
Single tasking Essential-minded Rational – Logical Thinks of the solution first Functional Less communicative	Multi-tasking Detail-minded Intuitive Speaks first Aesthetic More communicative
SPIRITUAL	
Relates with God via intelligence Tends to neglect God when everything is okay Tends to think of God only when in crisis	Relates with God via the heart More prayerful More attuned to God in her daily life

Knowing and understanding our differences will help us to love and appreciate how God designed us to be. As human beings created by God, we are not here to compete with one another, but to complement and help each other.

3. We are Designed to Love.

According to 1 John 4:16, “God is love.” There is no other reason for creation than love (Youcat, no. 48). We are all created for love and out of love. This is the basic reason why everyone loves and longs for love. It is also the very reason why God created a companion of man for him to love.

LOVED TO LOVE

We are created in God's image and likeness. He made us out of love. The absolute truth that we must hold on forever is that we are loved! No matter who we are, no matter where we are, even if we are at our worst self, know that you and I are loved. Who are the gifts that God has given us to make us feel love always?

1. **FRIENDS.** Good friends are our siblings that God forgot to give us. We should always remind ourselves that there will always be people who are ready to love us and be there for us, and they are our friends.
2. **FAMILY.** They are manifestations of God's presence in our lives. Our family, especially our parents, would always be ready to love us unconditionally and they would always be the first and the last persons who would love us no matter what.
3. **JESUS.** It is God who will forever love us and will never abandon us. He loves us so much that he even gave His own life for us. In times that we feel like nobody loves us, be sure that Jesus is there - loving us unconditionally.

III. CONCLUSION

Always remember that there are people around us who are ready to love us always. Now, we are also called to love them back by seeing them through the Father's eyes. In the eyes of God, we are precious, wonderful, unique, and beautiful. That's the truth, that's who we truly are. May we also see other people as how God sees us.



IV. ACTIVITY:

I AM GOD'S BEAUTIFUL MASTERPIECE

- In a piece of colored paper, write the things that you like about yourself the most. What makes you think you are special. It can be physical attributes



or any talent. Write something that you know that you are unique and special. You can also draw yourself if you want.

- Provide a space where they can post the paper you used for the activity. This is for everybody to see that everyone is unique, everyone is special, and everyone is loved.
- End the activity with a prayer.

RECITATION OF MFC KIDS PROMISE

- 1. I will imitate Jesus.**
 - I will pray to God and read the Bible every day.
 - I will make Jesus my role model by obeying rules and doing good in school.

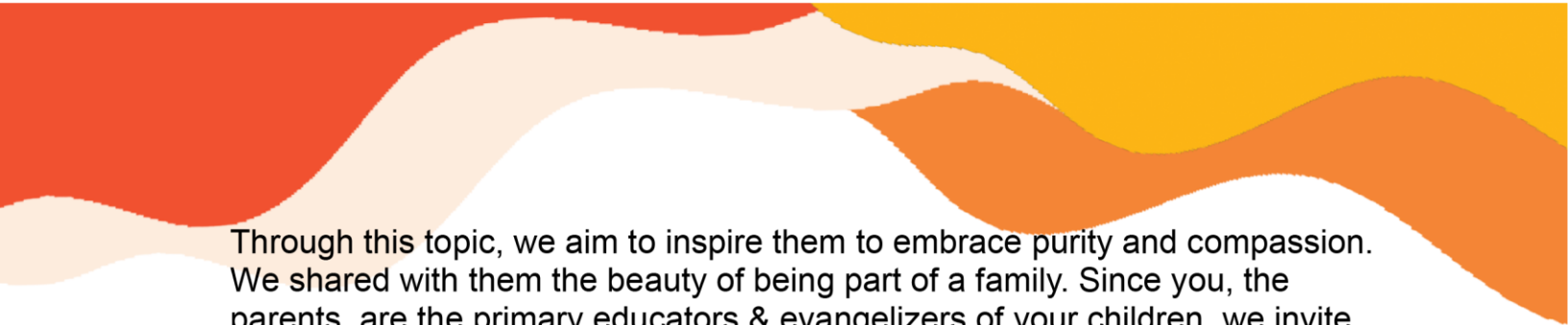
- 2. I will be a good family member.**
 - I will be a good son/daughter to my parents by obeying and respecting them.
 - I will be a good sister/brother to my siblings through sharing and supporting them.

- 3. I will be an active member of MFC Kids**
 - I will always attend and participate in all MFC Kids activities.
 - I will share my time, talents, and treasures with others, especially with my brothers and sisters in MFC Kids
 - I will love, respect and be loyal to my MFC Kids family.

- 4. I will tell others about Jesus.**
 - I will love my brothers and sisters, relatives, and friends by doing good deeds every day that will reflect God's love.
 - I will serve in our Parish Church.
 - I will love the poor by sharing what I have with them

Dear Parents/Guardians,

Thank you for allowing your kids to join our Live Pure Kids Assembly this month. We appreciate your support in helping them learn about Jesus and living a pure life. With this topic your children will discover that Jesus loves created us uniquely and that He love us so much that's why we have our own purposes.



Through this topic, we aim to inspire them to embrace purity and compassion. We shared with them the beauty of being part of a family. Since you, the parents, are the primary educators & evangelizers of your children, we invite and encourage you to do the following activities that would make you and your child/ren appreciate your value of purity and compassion.

1. Spend quality time together

Make sure to spend quality time with your child. It's important for you as parents to have special moments together with him/her, where they can feel how loved and valued they are. You can plan a special date, such as a picnic, playing sports together, or even watching a movie.

2. Hear mass together

It would be wonderful if you could attend mass together as a family. By making time for your child/ren to join you in hearing mass, you can seize this opportunity to teach them about the significance of the mass in a simple way. Help them appreciate that Jesus is the source and model of One True Love.

3. Support your child's interest/hobby

Show your support for your child's favorite hobby or interest. It's important to celebrate and acknowledge your child's uniqueness by encouraging and appreciating their skills and potential in their chosen hobby or interest. By doing this, you provide another avenue for your child to feel their worth and purpose.

After participating in these activities, we would love for you to share your experiences on social media using the hashtags: #MFCKids #ParentChildActivity #MomentsThatMatter. By sharing, you can inspire other parents and families to spend quality time with their children and grow in faith together.

Thank you for your incredible support, and we look forward to seeing your kids again next month!

MFC Kids Team

