



HOPE LIGHTS THE WAY

JANUARY 2025
KIDS ASSEMBLY TOPIC

Kids Assembly Topic for January 2025

Title:

HOPE LIGHTS THE WAY

Objectives:

At the end of the session, participants should be able to:

- Understand the 2025 MFC Theme as MFC Kids
- Recognize that they, even at a young age, are called to live out the theme
- Be reassured of God's promise by putting our hope in Him

MOTIVATION

Motivation: "Hold onto Hope" Game

How to Play:

1. Kids pass the object around as music plays.
2. When the music stops, the child holding the object shares something they are hopeful for.

Lesson/Processing: Teach kids that we all have hopes in our hearts, and God is there to listen and help them come true.

EXPANDED OUTLINE



I. HEAD

Hello, MFC Kids! Happy New Year! How are you all doing?

This year is another wonderful chance to get to know Jesus even more and to live like Him! In our MFC community, we are blessed with themes that guide us to become better children of God. This year, our theme is "Hope Abounds," inspired by Romans 12:12, which says: "Let your hope keep you joyful, be patient in your troubles, and pray at all times."

What a beautiful theme for us this 2025! It reminds us to always be hopeful and to trust in Jesus in every moment.

What is 'hope' for you? Hope is like planting a seed—you water it, wait, and trust that it will grow into something beautiful. Hope is believing that good things will happen, even when you can't see them yet. It's trusting that God has a wonderful plan for you!

Jesus wants us to be hopeful this year—to trust Him and let Him be our Hope!



II. HEART

Hope gives you something to look forward to, like a fun trip or seeing a friend. It makes you feel happy and excited! More importantly, hope helps you trust in God's promises. Even when things are tough, hope reminds you that God is always with you and that He will make things better. Romans 12:12 says it beautifully: "Let your hope keep you joyful, be patient in your troubles, and pray at all times." Let's break it down to understand how we can live this out:

1. Smile with Hope - Hope is like knowing something good is coming, even if you can't see it yet—like waiting for Christmas or your birthday! God wants you to have that same kind of excitement and happiness because He has wonderful plans for you. When you trust that God loves you and will take care of you, it's easier to smile and be thankful, even while you wait for your prayers to be answered.

So, celebrate the little things with joy, and trust that God has amazing surprises ahead. Remember: hope makes every day brighter because you know God is in control!

2. Stay Calm, God's Got You - Life doesn't always go the way you want—like losing a game or having a disagreement with a friend. But patience means trusting that God is working behind the scenes to help you. It's like waiting for cookies to bake—you know they'll turn out delicious if you don't rush!

God teaches us to stay calm and trust Him, even when life feels hard. He gives us the strength to keep going, knowing that things will get better. When you feel upset or discouraged, ask God for help. He's always there to make you stronger!

3. Talk to Jesus Always - Prayer is like having a chat with God about anything—your happy moments, your worries, or even your funny stories! Just like talking to your best friend helps you feel close to them, talking to God helps you stay connected to His love.

When you pray often, you'll feel peace and joy in your heart. It's like having a secret superpower to stay strong and happy no matter what happens. So, make time to pray every day, and you'll always feel God's presence close to you!



IV. HAND

A. Kids at Play and First Steps (3-7 years old)

Activity: Coloring Activity (see appendix A)

Material:

- Printed copy of the coloring page
- Coloring materials

B. Footsteps – Step Up (8-11 years old)

Activity: Tree of Hope (see appendix B for sample)

Material:

- A board or blank white paper
- Colored papers (brown, green, etc.)
- Glue
- Markers

Instructions:

1. Cut out the brown-colored paper to create the trunk and branches of a tree. Use green-colored paper to cut out leaves.
2. Each child writes a "hope" (something they trust God for) on a leaf.
3. Attach the leaves to the branches of the tree using glue.
4. Display the tree in your room or another special place as a reminder of your hopes surrendered to Jesus.

Quick Processing: Just like leaves grow on trees, our hopes grow when we trust in God.

TAKE AWAY

Hope is like a bright light in your heart that helps you believe good things will happen, even if you can't see them yet. It's trusting that God has a wonderful plan for you and that He will take care of you, no matter what happens. When you have hope, it's easier to smile, stay strong, and keep going, even on challenging days. Remember, God loves you so much, and He is always with you. So don't give up! Keep hoping, praying, and believing, because with God, anything is possible

RECITATION OF MFC KIDS PROMISE

1. I will imitate Jesus.

- I will pray to God and read the Bible every day.
- I will make Jesus as my role model by obeying rules and doing good in school.

2. I will be a good family member.

- I will be a good son/daughter to my parents by obeying and respecting them.
- I will be a good sister/brother to my siblings through sharing and supporting them.

3. I will be an active member of MFC Kids

- I will always attend and participate in all MFC Kids activities.
- I will share my time, talents, and treasures to others especially to my brothers and sisters in MFC Kids
- I will love, respect and be loyal to my MFC Kids family.

4. I will tell others about Jesus.

- I will love my brothers and sisters, relatives, and friends by doing good deeds every day that will reflect God's love.
- I will serve in our Parish Church.
- I will love the poor by sharing what I have with them

Appendix A



prayer is good™

Appendix B



Dear Parents/Guardians,

Happy New Year! Thank you for allowing your children to attend our Kids Assembly this first month of the year and for sharing in our belief that they are never too young to know Christ. We honor your love and dedication in bringing your child(ren) closer to the Lord. This month, we talked about the virtue of hope and its importance in their lives. We encouraged them to see that when they have hope, it's easier to smile, stay strong, and keep going, even on challenging days. As a bonding activity with your child(ren), you can try the following together to help them better internalize the lesson:

1. Hope Journal: Create a family "Hope Journal" using a notebook and some pens or crayons. Each day or week, write or draw something you are hopeful for, whether it's as individuals or as a family, such as good health, happy moments, or answered prayers. Decorate the pages together to make it colorful and personal. This activity encourages children to recognize the positive things they can look forward to while fostering gratitude and trust in God.

2. Plant a Seed of Hope: Use a small pot or cup, soil, and seeds (like flowers or herbs) to plant a seed together. Discuss how hope is like the seed—it grows over time with patience and care. Water the plant regularly and remind your child that just as the seed grows unseen at first, our hopes also grow as we trust in God's timing. Watching the plant grow serves as a visual reminder of how hope develops over time.

3. Hopeful Hearts Collage: With paper, scissors, old magazines, glue, and markers, create a collage that represents things your family is hopeful for, such as family trips, peace, or acts of kindness. Cut out pictures, words, or phrases and glue them onto a large paper, writing "Our Family Hopes" at the top. Display the collage where everyone can see it. This activity allows children to visually express their hopes and emphasizes the value of sharing hopes as a family while trusting in God.

After doing the activities, we encourage you to post these on your social media accounts so that you can inspire other parents and families to journey with their kids. Use these hashtags - #MFCKids #ParentChildActivity #MomentsThatMatter

Thank you very much and we hope to be with your kid/s next month!

MFC Kids Team