



# **KINDESS SPARKS: LIGHT UP THE WORLD**

**AUGUST 2025**

**KIDS ASSEMBLY TOPIC**

**KIDS ASSEMBLY TOPIC FOR THE MONTH OF AUGUST.**

**TITLE:**

# Kindness Sparks: Light Up the World

**OBJECTIVES:**

At the end of the Kids Assembly, MFC Kids will be able to:

- Understand what it means to be kind, compassionate and forgiving.
- Recognize that Jesus forgave us, and we are called to forgive others the same way.
- Appreciate that God wants us to share kindness to help make the world a loving and caring place.

**MOTIVATION:**

Activity: Kind Charades

Give the kids an act of kindness and have them act it out for kids to guess. You can play in teams or you can play as a whole, where everyone tries to guess.

Charade phrases to act out:

- helping someone carrying something heavy
- opening the door for someone
- waving to the guards
- picking up trash that's not yours
- returning a lost item to someone
- inviting someone to play
- saying yes to being someone's partner
- helping someone who got hurt
- offering a crayon when someone needs it
- cheering for a friend who does something hard

## EXPANDED OUTLINE



### I. HEAD

*"Instead, be kind and tender-hearted to one another, and forgive one another, as God has forgiven you through Christ."*

- Ephesians 4:32

Have you ever had someone be mean to you? Or have you ever been mad at your brother, sister or your friend? It's easy to get angry and say harsh words to someone who has hurt or wronged us. But no matter how people treat us, Jesus instructs us to be kind and forgiving, as stated in Ephesians 4:32.

We can't control what other people do, but we can choose to be kind. We can be kind to others because God forgave us through Jesus. When we remember how much Jesus loves us and what He did for us, it helps us love other people too. We start to see them the way Jesus does—with love and kindness.



### II. HEART

Being kind to others isn't always easy. But God wants us to follow his ways, on how he treats others, even those who hurt Him.

#### 1. Be Kind

God wants us to be kind to everyone. That means saying nice words, sharing what we have, helping others, and being gentle with our actions. Kindness is how we show love to people, just like God shows love to us.

#### 2. Be Compassionate

Being compassionate means caring about how other people feel. It's when you notice someone is sad, hurt, or having a hard time—and you want to help them feel better. Jesus showed compassion all the time. He cared about people who were sick, lonely, or in trouble. And He wants us to care about others too.

#### 3. Forgive one another

We should always choose to forgive those who hurt us because Jesus forgave us first. He forgave all our sins, even when we didn't deserve it. That's how much He loves us. Forgiveness doesn't mean what someone did was okay—it just means you choose to love instead of staying angry. When you forgive, your heart feels lighter. And you make God smile because you're acting like Jesus.

Kindness isn't always easy, especially when someone isn't being kind to you. But God still wants us to choose kindness. Why? Because God is kind to us. He forgives us when we mess up, and He helps us grow.

When we choose kindness, we make the world a better place. People feel loved, safe, and happy around us—and we feel good inside too.



### III. HAND

#### A. Kids at Play (3-5 years old)

**Activity:** Coloring

**Materials:**

- Printed copy of the coloring page
- Coloring materials

*NOTE: Please refer to Appendix A*

#### B. First Step to Step Up (6 - 12 years old)

**Activity:** Kindness Flowers

**Materials:**

- Paper | Colored Paper | Construction Paper
- Pen | Markers
- Coloring Materials
- Scissors

**Instructions:**

1. Draw a flower and cut it out.
2. Write the words "BE KIND" in the center of the flower.
3. Write on the petals a concrete way on how you can show kindness to others.

*NOTE: Please refer to Appendix B*



## TAKE AWAY

Kindness is like a smile—it spreads from one person to another! When someone is kind to you, how does it make you feel? Happy? Loved? Seen? That warm feeling in your heart makes you want to do something kind too. That's why we say kindness is contagious—just like when someone starts laughing and others join in, kindness can spread from person to person. God wants us to show kindness because it brings people together and fills the world with love. Even one small kind act can make a big difference in someone's day—and they might pass that kindness on to someone else!



**Dear Parents/Guardians,**

Thank you for letting your child/ren participate in our Kids Assembly this month. We honor your patience and love for your kid/s that you allowed them to hear God's messages for them. This month our theme is "**Kindness Sparks: Light Up the World**" We shared to them the importance of being kind, compassionate and forgiving.

As parents, you play a vital role in making sure that this hope is alive not only in your child's heart but also in your home. Here are three simple yet meaningful parent-child activities that beautifully reinforce to your children the values of kindness!" within the family:

1. **Helping Hands Around the House** - Teaching kindness starts with small actions at home. Assign your child a special "kindness chore" each week, like helping a sibling organize their toys or setting the table for dinner. These tasks demonstrate how helping others can make daily life smoother and more enjoyable.
2. **Kindness in the Community** - Engage in community acts of kindness as a family. This could involve volunteering at a food pantry, donating toys to a children's hospital, or making care packages for neighbors. These real-world experiences help children see how their actions can make a positive impact.
3. **Kindness Journals** - Encourage your child to reflect on their daily acts of kindness by keeping a journal. They can write about moments when they helped someone, received kindness, or noticed others being kind.

After doing the activities, we encourage you to post these on your social media accounts so that you can inspire other parents and families to journey with their kids. Use these hashtags - #MFCKids #ParentChildActivity #MomentsThatMatter

Thank you very much and we hope to be with your kid/s next month!

**MFC Kids Team**

## RECITATION OF MFC KIDS PROMISE

### 1. I will imitate Jesus.

- I will pray to God and read the Bible every day.
- I will make Jesus as my role model by obeying rules and doing good in school.

### 2. I will be a good family member.

- I will be a good son/daughter to my parents by obeying and respecting them.
- I will be a good sister/brother to my siblings through sharing and supporting them.

### 3. I will be an active member of MFC Kids

- I will always attend and participate in all MFC Kids activities.
- I will share my time, talents, and treasures to others especially to my brothers and sisters in MFC Kids
- I will love, respect and be loyal to my MFC Kids family.

### 4. I will tell others about Jesus.

- I will love my brothers and sisters, relatives, and friends by doing good deeds every day that will reflect God's love.
- I will serve in our Parish Church.
- I will love the poor by sharing what I have with them

APPENDIX A



MAKE  
KINDNESS  
A HABIT



APPENDIX B

