



BEARERS OF HOPE

APRIL 2025
KIDS ASSEMBLY TOPIC

Kids Assembly Topic for April 2025

Title:

BEARERS OF HOPE

Objectives:

At the end of the session, participants should be able to:

- Understand the virtue of hope by learning its meaning and importance in our lives.
- Appreciate hope as a virtue that helps make our journey easier and more joyful.
- Be bearers of hope to the people around them.

MOTIVATION

Motivation: Question and Answer

QUESTION:

What are you hopeful for this year?

Processing:

Hope is believing that good things can happen, even in difficult times. It means knowing that Jesus loves us, is always with us, and has a good plan for our lives. Hope helps us stay positive, trust that things will get better, and gives us the courage to keep going, no matter what challenges we face. It's like having a bright light inside us, even on the darkest days!

EXPANDED OUTLINE



I. HEAD

What is hope, then? Hope is:

- A feeling of expectation and desire for something to happen.
- A feeling of trust.
- Hope is trusting that good things will come because God keeps His promises. It helps us stay strong during tough times and look forward to eternal life with Him.

Hope makes us stronger and more confident, knowing we're never alone. It helps us be kind, work hard, and dream big. Hope reminds us that Jesus is always with us,

guiding our way. He is our HOPE, and we're called to share that hope with others, no matter how young we are! That's why the Bible tells us in Romans 12:12, "Let your hope keep you joyful, be patient in your troubles, and pray at all times." This verse reminds us to keep hope in our hearts, stay joyful even when things get tough, and be patient, trusting that God will help us. It also encourages us to always pray, knowing that God's love is always there for us!



II. HEART

Hope is like a bright light that helps us keep going, even when things get tough. As MFC Kids, we can bring hope to others through our words, actions, and prayers. Even in simple ways, we can share God's love and remind others that Jesus is always with us!

1. Speak Words of Hope

"Encourage one another and help one another". - Thessalonians 5:11

One of the most powerful ways to bring hope is through our words. What we say can lift others up, bring comfort, and inspire courage. When we choose to speak with kindness and love, we help others feel valued and supported. A simple "I believe in you!" can give a struggling friend confidence, while saying "I love you" or "Thank you" strengthens our bond with family. Even reminding others that Jesus loves them and is always with them can fill their hearts with peace. Instead of complaining or using hurtful words, we should build up, encourage, and spread hope—just as Jesus did. Every word we speak is an opportunity to bring hope, so let us use our voices to share God's love and joy.

2. Do Acts of Love

"My children, our love should not be just words and talk; it must be true love, which shows itself in action." 1 John 3:18

Hope is not just something we say—it is something we do! Even small acts of kindness can make a big difference in someone's life. We can help at home by doing chores without being asked, like setting the table or cleaning up. At school or during playtime, we can share our toys, snacks, or school supplies with friends. Being a good friend by playing fairly, taking turns, and including others shows kindness and reminds everyone they are valued. Through these simple actions, we spread love and joy, making the world a brighter place. True love is shown through our deeds, and when we act with love, we bring hope and God's presence into the lives of others.

3. Pray for Others

"So then, confess your sins to one another and pray for one another, so that you will be healed. The prayer of a good person has a powerful effect." - James 5:16

Prayer is a powerful way to bring hope because it invites Jesus into people's lives. When we pray, we ask Him to bless, guide, and take care of others. We can start by praying for our family before meals and bedtime, thanking God for them and asking Him to keep them safe. We can also pray for friends who are sad, sick, or struggling. Our prayers can even reach beyond our home—we can ask Jesus to bless our neighbors, teachers, and classmates, giving them strength and joy each day. No prayer is too small because God listens to every word. By praying for others, we become instruments of God's love, bringing hope and peace to those around us.



IV. HAND

A. Kids at Play (3-4 years old) and First Steps (5-7 years old)

Activity: Jesus is my Hope! (see appendix A)

Material: Coloring Materials

Instruction: Color the image of Jesus and the children.

B. Footsteps (8-10 years old), and Step Up (10-12 years old)


Activity: The Cross of Hope (see appendix D)

Materials:

- Pencil / Coloring Material
- Ruler
- Scissors
- Glue

Instruction:

1. Print a copy of the cross-tracing pad.
2. Write "G-O-D" vertically in each square and "H-O-P-E" horizontally in each square.
3. Add colors and designs to each square for decoration.
4. Carefully cut out the cross.




5. Apply glue or paste to the edges of the cross and assemble it into a cube.

TAKE AWAY

As we journey together as MFC Kids, let us always remember that hope is a gift from God, meant to be shared and lived out in our relationships. Challenges may come, and struggles may try to dim the light of hope, but with Jesus in our hearts, we can overcome anything! A heart like His—loving, helpful, and trusting—ignites the fire of hope within us and allows us to spread it to our families, friends, and neighbors. Even at a young age, we are called to be bearers of hope, shining brightly in the lives of those around us. So, let's go forward with joyful hearts, bringing kindness, encouragement, and faith wherever we go. With Jesus leading the way, we can be a light in the world, reminding everyone that hope never fades—it only grows stronger when we choose to share it!

Pray this as your closing prayer –

"God, thank You for filling my heart with hope, even in the midst of the challenges my friends, family, and neighbors face. Thank You for never letting us lose sight of hope and for constantly rekindling it in our hearts. Lord, as we continue our journey, help us to remain hopeful and anchor our lives in You. Amen."



RECITATION OF MFC KIDS PROMISE

1. I will imitate Jesus.

- I will pray to God and read the Bible every day.
- I will make Jesus as my role model by obeying rules and doing good in school.

2. I will be a good family member.

- I will be a good son/daughter to my parents by obeying and respecting them.
- I will be a good sister/brother to my siblings through sharing and supporting them.

3. I will be an active member of MFC Kids

- I will always attend and participate in all MFC Kids activities.
- I will share my time, talents, and treasures to others especially to my brothers and sisters in MFC Kids
- I will love, respect and be loyal to my MFC Kids family.

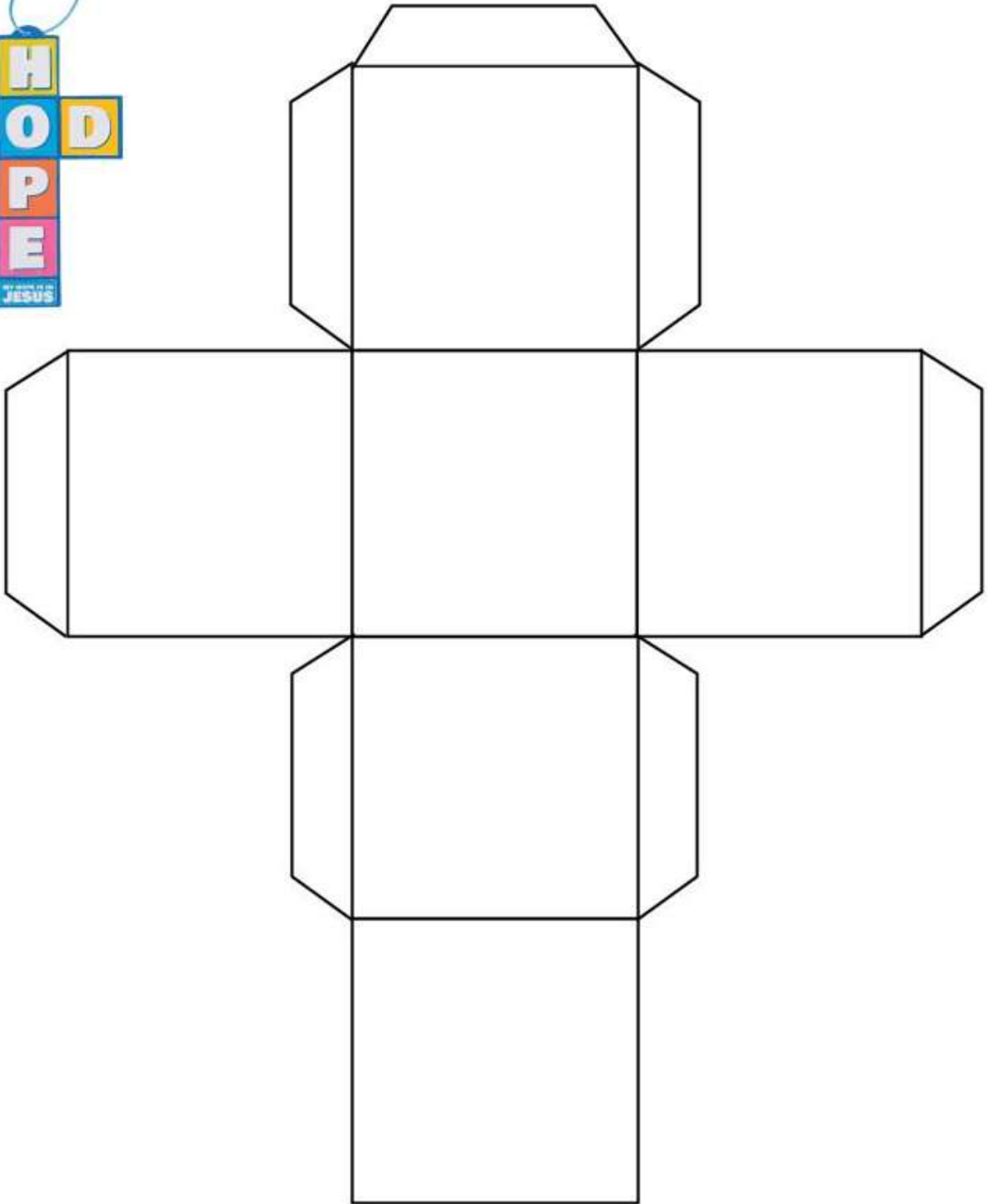
4. I will tell others about Jesus.

- I will love my brothers and sisters, relatives, and friends by doing good deeds every day that will reflect God's love.
- I will serve in our Parish Church.
- I will love the poor by sharing what I have with them

Appendix A



Appendix B





Dear Parents/Guardians,

Summer is here! Despite the intense heat, let's make the days we spend together as a family meaningful and filled with faith. First, thank you for allowing your child to join this month's Kids Assembly and for believing, along with us, that they are never too young to know Christ. We truly honor your love and dedication to bringing your child closer to the Lord.

This April, our topic focuses on the virtue of Hope—learning and understanding why hope is essential in our lives. As parents, we play a vital role in ensuring that hope flourishes within our family and in our children's hearts, helping them become bearers of hope to others. We encourage you to help them live out what they have learned in this assembly. To do that, here are the 3 S's you can practice together:

- 1. Say** – Speak words that inspire hope. Words of affirmation and encouragement help children see the good in themselves and others. A simple "You're doing great!" or "God is always with you!" can uplift their hearts and motivate them to keep going.
- 2. Set** – Set an example of hopeful living. Children imitate what they see, so let's demonstrate hope in our actions—whether through patience, prayer, or perseverance. When they witness our trust in God's plans, they will learn to do the same.
- 3. Stand** – Stand by what we say. It's not enough to simply tell our children to be hopeful—we must walk the talk. When we live with gratitude, faith, and optimism, our children will follow, carrying that same light of hope into the world.

Let's journey together in raising children who bring hope to their families, friends, and communities. With Christ as our guide, may our homes be filled with joy, faith, and unwavering hope.

After completing the activities, we encourage you to share your experience on social media to inspire other parents and families to grow in faith with their children. Use these hashtags: #MFCKids #ParentChildActivity #LentUsPray #EasterFullofHope.

Thank you very much, and we hope to be with your kid/s next month!

MFC Kids Team

