



# ITS BEST TO BE HONEST!

**SEPTEMBER 2024**  
KIDS ASSEMBLY TOPIC

## Kids Assembly Topic for September 2024

**Title:**

# ITS BEST TO BE HONEST!

**Objectives:**

At the end of the session, participants should be able to:

1. Understand what honesty is all about.
2. Appreciate the virtue of honesty and its impact on one's life.
3. Develop the habit of practicing honesty and integrity.

### MOTIVATION

#### **Activity: The Truth Toss**

Material needed:

A soft ball / plush toy / or something that can be tossed easily

#### **Instructions:**

1. Instruct the kids to form two parallel lines, facing each other.
2. Explain that you'll be playing a game to learn about honesty.
3. Choose a representative from either Line 1 or Line 2.
4. The representative should start by saying something simple and true about themselves (e.g., "I have a pet dog.").
5. Then, they should toss the ball to another child in the opposite line.
6. The child who catches the ball must say something true about themselves (e.g., "I like ice cream.") before tossing the ball to someone across from them in the other line.
7. Emphasize that everything shared should be true, highlighting the importance of honesty.
8. Continue until every child has had a turn.

**Processing:** As the game master, discuss how it felt to share true things and why honesty is important. You can tie this into real-life situations where being honest is important, even when it's hard.

## EXPANDED OUTLINE



### I. HEAD

Today, we'll be talking about the virtue honesty! The Bible tells us that God loves it when we're honest. In Proverbs 12:22, it says, "The Lord detests lying lips, but he delights in people who are trustworthy." In another verse, Proverbs 10:9, says, "Whoever walks in integrity walks securely, but whoever takes crooked paths will be found out." This means God is happy when we tell the truth and can be trusted. This means that when we are honest and do the right thing, we don't have to worry because we are safe. But if we lie or do something wrong, the truth will come out eventually.

Being honest means always telling the truth and being real about what you say and do, even when it's hard. It's like not pretending or hiding the truth. When we are honest, it speaks a lot about our Integrity too! Because Integrity means doing the right thing, even when no one is watching. It's like being a good kid who always makes good choices. As MFC Kids members, Jesus wants us to cultivate the virtue of honesty and integrity in our own personal lives!



### II. HEART

Kids, when we are honest, people can trust us! If you always tell the truth, others know they can count on you. Being honest helps you build strong friendships because your friends will know that you're someone they can trust. Sometimes, it can be tempting to lie, especially if you think you might get in trouble. But honesty is important because it shows that you're brave enough to tell the truth, even when it's hard. As children, why is it important to tell the truth and be honest all the time?

#### 1. YOUR FRIENDS TRUST YOU

When you are honest, people know they can believe what you say. For example, if you always tell the truth, your friends will trust you. They'll know that if you say you'll help with a game or keep a secret, you really mean it. Trust is like glue that holds friendships together. When people trust you, they want to be your friend and spend time with you because they know you're someone who always tells the truth. So, being honest helps you make good friends and shows others that you are someone they can count on!

## 2. YOUR HEART FEELS LIGHT AND HAPPY

When you are honest, you feel good inside because you know you did the right thing. Imagine telling the truth, even if it was hard, like admitting you made a mistake or telling your teacher you didn't finish your homework. Even though it might be scary at first, once you're honest, you don't have to worry or feel guilty. Instead, you feel proud of yourself for being brave enough to tell the truth. Honesty gives you a sense of peace because you don't have to keep track of lies or worry about getting caught. You can just be yourself, knowing that you've done the right thing. This makes your heart feel light and happy!

## 3. YOU MAKE JESUS HAPPY

Jesus loves honesty because it shows that we are trying to live the way He wants us to. When we tell the truth, we are following God's teachings and making choices that make Him happy. The Bible tells us that Jesus is pleased when we are honest and truthful. He knows that being honest helps us grow into good and trustworthy people. Jesus also loves honesty because it helps us build strong and loving relationships with others. When we are honest, we are showing Jesus that we respect and care about His way of living. So, when we choose to be honest, we are making Jesus smile, and we are living in a way that brings us closer to Him.

As MFC Kids, Jesus calls us to live a life of honesty and integrity. These virtues will help us develop a strong moral foundation. Practicing these virtues will help us know the difference between right and wrong, which will guide us to make the right decisions in life.



## IV. HAND

### **Kids at Play (3-4 years old)**

Activity: 'Tell the Truth' Coloring Page (see appendix A for reference)

Material: Pencil / Writing Material

### **First Steps (5-7 years old) and Footsteps (8-10 years old)**

Activity: 'The Truth Frame' Arts and Crafts

### Materials:

- Board paper / oslo paper
- Pen / marker
- Large colored craft sticks (tongue depressors) (4 per kid)
- Craft glue / wood glue
- Buttons or small shells

### Instructions:

1. Create the Frame - Use craft sticks to make a square frame, leaving enough space in the center for writing. Glue the sticks together to form the frame.
2. Prepare the Center Piece - Cut a piece of board or colored paper to fit the center opening of the frame. Leave a small margin around the edges so you can glue or attach the frame to it. Once cut, glue the frame onto the center piece.
3. Add the Message - Write "Jesus delights in people who are trustworthy!" in the center of the paper or board.
4. Decorate - Use buttons, small shells, or other craft materials to decorate the frame as you like.



## **Step Up (10-12 years old)**

### Discussion Questions:

1. Share a moment when being honest was hard for you. What happened, and how did you feel afterward?
2. Why do you think it's important to be honest even if you think someone might get upset or you might get in trouble? How can being honest help you eventually?

## **TAKE AWAY (Closing Prayer)**

Dear Jesus, thank You for teaching us about honesty and integrity. Please help us always to tell the truth, even when it's hard. Give us the courage to do what is right and the strength to make good choices every day. Help us be honest in our words and actions so that we can be trusted by our friends, family, and teachers. Let our lives reflect Your love and truth, and may we grow to be kind, brave, and truthful like You. We ask this in Your holy name. Amen.

## **RECITATION OF MFC KIDS PROMISE**

1. I will imitate Jesus.
  - I will pray to God and read the Bible every day.
  - I will make Jesus as my role model by obeying rules and doing good in school.
2. I will be a good family member.
  - I will be a good son/daughter to my parents by obeying and respecting them.
  - I will be a good sister/brother to my siblings through sharing and supporting them.
3. I will be an active member of MFC Kids
  - I will always attend and participate in all MFC Kids activities.
  - I will share my time, talents, and treasures to others especially to my brothers and sisters in MFC Kids
  - I will love, respect and be loyal to my MFC Kids family.
4. I will tell others about Jesus.
  - I will love my brothers and sisters, relatives, and friends by doing good deeds every day that will reflect God's love.
  - I will serve in our Parish Church.
  - I will love the poor by sharing what I have with them



## Dear Parents/Guardians,

It is back-to-school season once again! It is the perfect time to discuss and talk about honesty and integrity as children start building relationships with their classmates and friends. Thank you for supporting your children and allowing them to attend the Kids Assembly this month. We appreciate your belief that children are never too young to know Christ and honor your dedication to bringing your child/ren closer to the Lord.

For September, our Kids Assembly topic focused on the virtues of honesty and integrity. We shared why it is important to practice and develop these habits from an early age. To help them continue appreciating these virtues, we encourage you to do the following activities with them:  
parent and child

1. **Honesty Role-Play** - Create scenarios where honesty is tested (e.g., finding a lost item, admitting a mistake). Act out these scenarios together and discuss what the honest choice would be and why. This helps your children understand real-life applications of honesty and practice making honest decisions.
2. **Play the Jar of Truth** - Set up a jar where family members can write and add short notes about times, they were honest or examples of integrity. Read these notes together during family time. This encourages children to recognize and celebrate honesty in their daily lives, reinforcing the value of integrity!
3. **Story-time** - Read books or watch short stories that feature characters dealing with honesty and integrity. Afterward, discuss the choices the characters made and how being honest affected the outcome. This helps children see the importance of honesty through relatable stories and prompts discussion about the impact of their own choices.

After doing these activities, we encourage you to post these on your social media accounts so that you can inspire other parents and families to journey with their kids. Use these hashtags - #MFCKids #ParentChildActivity #MomentsThatMatter

Thank you very much and we hope to be with your kid/s next month!

**MFC Kids Team**