



# **BRAVE AND STRONG**

**JANUARY 2023**  
**KIDS ASSEMBLY TOPIC**

## 2023 Kids Assembly Topic for January

# BRAVE AND STRONG



### Objectives:

At the end of the Kids Assembly, MFC Kids will be able to:

- Understand the 2023 MFC Theme easily as MFC Kids
- Realize that they are also called to live out the theme, young as they are
- Be firm in their faith and live out strongly with love



### I. MOTIVATION

#### Activity: GETTING TO KNOW ME!

#### Instructions:

1. In small pieces of paper, write down guide questions that leads children to share something about themselves. Examples –
  - a. What is your favorite MFC Kids Praise?
  - b. Recite any memorized prayer that you know.
  - c. Who is your role model?
  - d. What do you want to be when you grow up?
  - e. What is your prayer for 2023?
  - f. How do you show love to your parents?
  - g. etc.
2. Fold these papers and place them inside a box/canister.
3. Each kid will then take a piece of paper and answer the question that is written on the paper.

### **Processing:**

The activity will teach the kids to share something about themselves and their faith. This will also reveal some practices of these members every time they show love and care to the people around them.

## **II. HEAD**

Happy new year, MFC Kids! This means that we have another chance to be more caring and kind to one another, and to show our faith and love to the people around us! As we all know in MFC Kids, yearly, we are blessed with community themes that help us to become better children of God. This 2023, our theme is called “Firm in Faith, Founded on Love.” And it is taken from the first letter of St. Paul to the Corinthians, chapter 16, verses 13 to 14 that says, *“Be watchful. Stand firm in your faith, be courageous, be strong. Let all that you do be done in love.”*

Corinth is a place in the south-central part of Greece. Corinth is significant because of its connection with the apostle Paul’s missionary work. And we’ve known St. Paul since our '2021 To the Ends of the Earth theme'! During those time, the early Christian community in Corinth was a diverse group. It is made up of men and women coming from different races and different social backgrounds. That is why St. Paul gives commands to emphasize things that He wants them to remember. He told them to be watchful or to stay on their guard, along with the command to stand firm in the faith. He told them to be courageous and strong and to do all of these things with great love.

### **III. HEART**

This year as we reflect on our theme verse, God wants us to follow the words of St. Paul. He wants us to be firm in our faith and to live it out strongly with love. This we can do if we will make a decision to increase our faith and love for God. As MFC Kids, how can we apply the theme in our everyday lives?

#### **1. BE PRAYERFUL**

It all starts with our relationship with God. We make sure that we talk to Him in prayer every day. Thanking Him for being such a great God to all of us. Praying is our way of speaking to Him. Continue to speak to Him and tell Him everything! In this way, our faith with God will continue to grow!

#### **2. BE BRAVE**

Have the courage to do what is right, young as you are! Do not be afraid to do good to others. Be a good boy or a good girl all the time. it is our way of saying, "Thank You, Jesus, for being good in our lives." Being a good child also means being kind to others most especially to those who are valuable to us.

#### **3. BE CARING**

Be caring by showing love to the people around you! Think of things or ways on how you can help others. Do you have things or gifts that you can share to others? Start sharing it to the people around you. Start being a blessing to others.

Our best way in serving God is by being kind to the people around us too! Be nice and kind to your friends, classmates, teachers, other kids, even to strangers. Loving them is loving and serving God as well.

#### **IV. HANDS**

##### **A. Kids at Play (3-4 years old)**

Activity: **NEW YEAR COLORING PAGE** (Appendix A)

**Materials:** Coloring Materials

**Instructions:**

- Get your crayons or any of your coloring materials and start to put colors into the drawing page
- Note to the Facilitator: After doing the activity, before the assembly ends, call some representatives and let the kids share their work to the group.

##### **B. First Steps (5-7 years old), Footsteps (8-10 years old), and Step Up (10-12 years old)**

Activity: **THE SHOOTING STAR PAGE** (See pictures at Appendix B)

**Materials:**

- Printed copy of the page (appendix b)
- Pens / Markers
- Crayons



**Instructions:**

1. Answer the following instructions written on the page &
2. Finish off your hand by coloring the whole page. Enjoy!

**V. TAKE AWAY**


**1 Corinthians 16:13-14**

*“Be watchful. Stand firm in your faith, be courageous, be strong. Let all that you do be done in love.”*

Truly as MFC Kids, we can stand courageously in our own life challenges weather big or small! Nothing we go through can truly harm us because of Christ's presence and love is with us. St. Paul says that we can stand our guard against the enemies of our lives and move forward each day with purpose and hope!

**Pray this as your closing prayer –**

“Dear Jesus, we pray for bravery and strength in the middle of difficult situations. We know that we alone cannot stand against the problems in our lives, but we know that nothing that happens to us is outside of Your knowledge. Your love reaches us through the difficult times. Help us to live with courage and faith each and every day! Amen.”



## **RECITATION OF MFC KIDS PROMISE**

### **1. I will imitate Jesus.**

- I will pray to God and read the Bible every day.
- I will make Jesus as my role model by obeying rules and doing good in school.

### **2. I will be a good family member.**

- I will be a good son/daughter to my parents by obeying and respecting them.
- I will be a good sister/brother to my siblings through sharing and supporting them.

### **3. I will be an active member of MFC Kids**

- I will always attend and participate in all MFC Kids activities.
- I will share my time, talents, and treasures to others especially to my brothers and sisters in MFC Kids
- I will love, respect and be loyal to my MFC Kids family.

### **4. I will tell others about Jesus.**

- I will love my brothers and sisters, relatives, and friends by doing good deeds every day that will reflect God's love.
- I will serve in our Parish Church.
- I will love the poor by sharing what I have with them

Appendix A (Kids at Play)

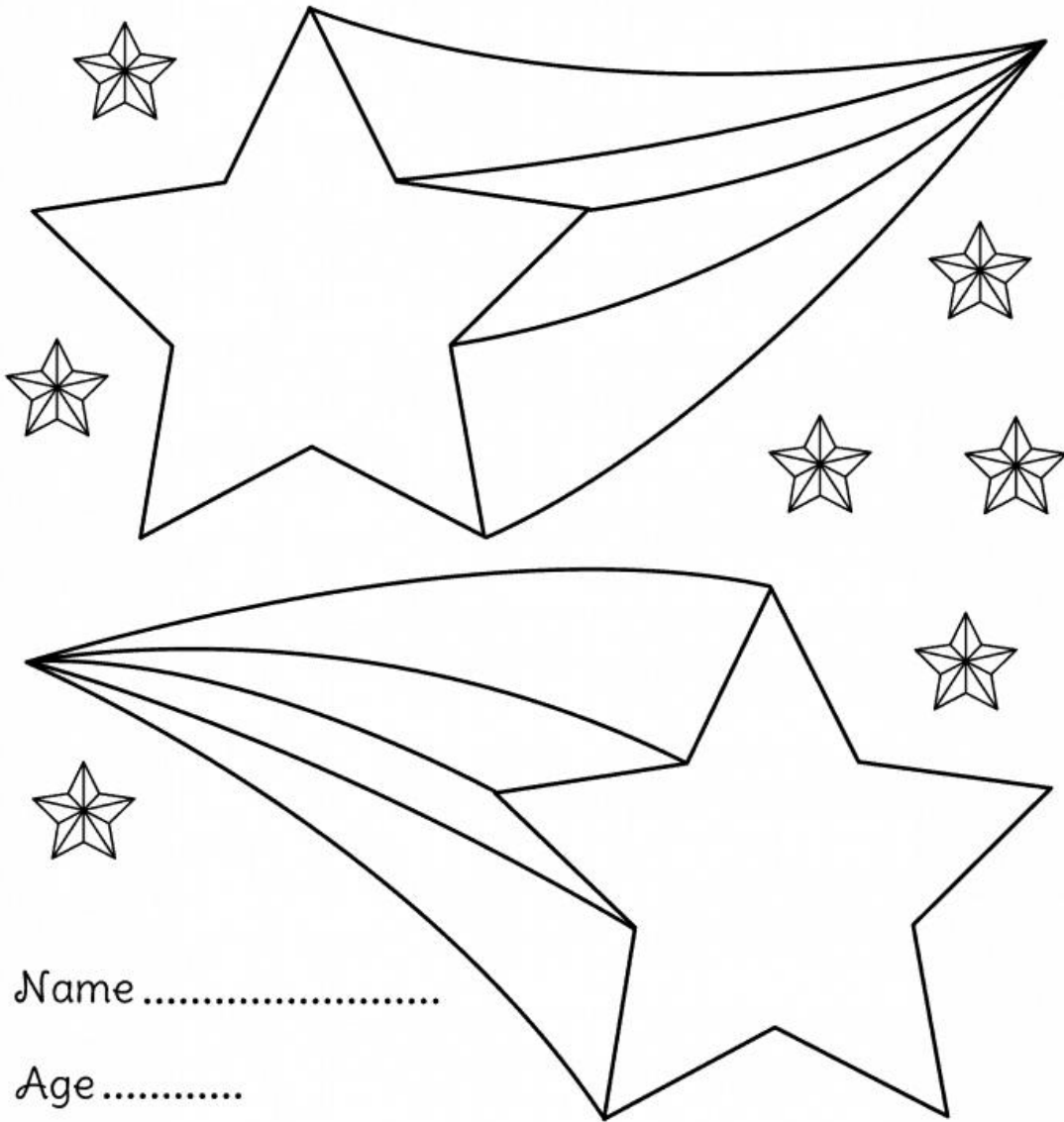




Appendix B (First Steps, Footsteps, and Step Up)

# THIS YEAR, I WILL BE PRAYERFUL, BRAVE AND CARING! HELLO 2023!

Use the space in the shooting stars to write or draw two wishes that you have for the new year.  
The star trails could be used to write actions you could take to help those dreams come true!



Name .....

Age .....



## CONVICTION

**Hello Coordinators and Heart Champs!**

Kindly instruct our MFC Kids members attending the assembly to write this conviction statement on their 2023 Conviction Statement Card after finishing their activity. The card will be their attendance tracker as they attend our Kids Assemblies every month.

**January:**

**I WILL BE BRAVE AND STRONG!**



**Dear Parents/Guardians,**

Happy New Year! Thank you for letting your kids attend our Kids Assembly this month and for being one with us in believing that they are ***never too young to know Christ***. We honor your love and passion in making your child/ren closer to the Lord.

Our topic this month is about the community's theme for this year. They have learned that they are to be brave and strong in their faith with God. Therefore, they are to be strong in their faith and to live it out deeply with love. We want to encourage you to help them in living out the take away points that they learned during the assembly. Here are things that you can do to help them:

**1. Encourage them in memorizing a prayer to start the year right!** Look for a short and beautiful prayer that is easy to memorize, and start reading it to your child. Help him/her to memorize it! In this way, we can help them to be prayerful and start the year right!

**2. Help them to identify their fears.** Simply ask them to pick one thing that they are afraid of. Ex. Crowded people, weird loud sounds, darkness, cockroaches, etc. Ask them openly what you can do to help them lessen their fear and eventually overcome it!

**3. Urge them to share their blessings!** Do they have excess things or gifts from last year that they can share with others? Highly encourage them to share it to people especially to kids like them. Perhaps they have items and/or gifts that they can hand over to other less fortunate children in your barangay/city.

After doing the activities, we encourage you to post these on your social media accounts so that you can inspire other parents and families to journey with their kids. Use these hashtags - #MFCKids #ParentChildActivity #MomentsThatMatter

Thank you very much and we hope to be with your kid/s next month!

**MFC Kids Team**