



A HOPEFUL HEART

APRIL 2023
KIDS ASSEMBLY TOPIC

2023 Kids Assembly Topic for April

A HOPEFUL HEART

OBJECTIVES

At the end of Kids Assembly, MFC Kids will be able to:

- Understand the true meaning of Easter.
- Appreciate the message of hope in their life.
- Learn how their heart can remain hopeful.

MOTIVATION

Activity: My God is So Big

Watch this video:

<https://www.youtube.com/watch?v=Aq1ZIC4IsEw>

****You can also teach the dance/steps of the song****

(This is optional: <https://www.youtube.com/watch?v=KA2D4C-8EF4>)

Processing:

Our God is so Big, He's the one who creates all the things that we can see here on earth. Therefore, everything is under His control there's nothing for us to worry about. Because He creates all things as He knows the things we need and this just means how well He plans things for us. As the song says "My God is so great, so strong and so mighty, There's nothing my God cannot do". With this, we can put our Hope in Him. That there is Hope in Him alone, for He can do all things for us because He loves us so much.



EXPANDED OUTLINE

I. HEAD

Hope is a feeling of expectation and desire for a certain thing to happen. And if there's a season of hope that is Easter, where we celebrate the resurrection of Christ, or the rising from the dead, of Jesus Christ. Easter is the holiest day of the year for us Christians. Nothing brings hope back to life like Easter. For the Easter message gives us hope in this world and hope to face the uncertainties of the future. Not only that but it gives hope in every family that no matter what, there will always be light. That's why it's important for us to celebrate and appreciate the holy week. You, how was your holy week experience with your family? Did you see how beautiful hope is in our family?

Hope is a beautiful thing that is inside you knowing that everything will happen good. Hope is something that makes you keep going, even though there are many reasons not to. It's like a vitamin that gives you the energy to think that everything will come out good. It helps you to gain positive thoughts and gives you the power to believe that anything is possible. And that all of these things will happen because of our Almighty Father, God. That hope is true, good and beautiful because we have Jesus in our life.



II. HEART

Hope enables us to trust God's promise to us, that He has a good and beautiful plan for all of us. And because of this it helps us to see things in a positive light, it reminds us that there will always be a good outcome.

Hope is a beautiful virtue from God, that's why it's important for us to know how to have a hopeful heart, and how it can help us in our everyday life. *And for us to have a heart that is hopeful, we need to always remember the following:*

H - Happy (Be Joyful)

Be happy for the things that you already have, it means being grateful and content for the blessings that you already have. When you are happy it helps you to relax and smile. That's why it's important to always wear your smile and share it with your family and friends.

It makes your heart safe, knowing that you are enjoying and satisfied at the present so that whatever can be the future is, you know that God will continue to give you much more blessings than what you already have.

Let's be happy for have loving parents, caring friends and good classmates.

Let's be joyful and share it also to them.

O - Optimistic (Be Positive)

Being optimistic makes our mind and heart at peace. Seeing and thinking things that will surely result in a good and beautiful way. It means to expect things to turn out well. To be excited about the things that will happen in the future, knowing we have a God who can do all things and make impossible things possible.

To be positive in all things that we may encounter, is by studying well because you know you can have good grades, sharing your thoughts to your family and spending time with your loved ones. We need to be optimistic, for us to fully be confident in our future, knowing that God has already taken care of it.

P - Prayerful (Always connect to Jesus)

Prayer is the most important thing that we should do, it is a powerful way that helps us to have a hopeful heart. When we pray it allows us to talk to God about the things that we think and worry about. It helps us to gain more confidence, as we say things that bother us and it reminds us that we have a God that is always there for us willing to listen and we can talk to. So as we pray often, it helps us to be more hopeful.

We need to always connect to Jesus and that is done by praying to Him. Together with our family we can pray to Him, as one, sharing your family's challenges/problems to Him and asking Him to give all of your family the strength you need and guidance in all circumstances.

E - Endure (Be Patient)

To endure is to still continue despite the situation you have or whatever challenges you may encounter. It means to keep holding on, and learning to be patient or wait a little longer. Because when we endure it helps us to trust more to God, more than to the things that we think of. To wait is to know that even if it is not today but in the future, God is already done doing beautiful things in our life.

Enduring means being patient in our surroundings, being more understanding to our siblings and parents. To trust not only God but also in our own family, that we know they love us so much and all that they want/do is for the good of us, each member of the family.

*“I have good plans for you. I don’t plan to hurt you.
I plan to give you hope and a good future.”*

Jeremiah 29:11

Remember that challenges are part of our lives, that’s why we need to always choose to be happy, optimistic, prayerful and endure. When we keep these things in our heart and truly live with it, it helps us to remain hopeful. With a hopeful heart, no matter how hard things can be, no matter how sad we can feel sometimes, or no matter what challenges we may be facing, our God is bigger than all of them. His plans are always better and beautiful than ours.



III. HANDS

A. Kids at Play (3-4 years old)

Activity: **NEVER LOSE HOPE COLORING PAGE (Appendix A)**

Materials: Coloring Materials

Instructions:

- Get your crayons or any of your coloring materials and start to put colors into the drawing page.
- Note to the facilitator: After doing the activity, before the assembly ends, call some representatives and let the kids share their work to the group.

B. First Steps (5-7 years old), Footsteps (8-10 years old)

Activity: **TREE OF HOPE**

Materials:

- Colored Paper/Bond Paper
- Coloring Materials
- Scissor
- Glue

Instructions:

1. Make a tree with branches out of the green colored paper.
2. Pick a color, or colors, of colored paper to represent leaves.
3. You can now draw leaves on colored papers.
4. After drawing, you can cut out leaves from a variety of colors.
5. Write a hope or dream that you have in those leaves.
6. After writing, you can glue those to the branches on the tree.

C. Step Up (10-12 years old)

Activity: **Household Groupings**

Discussion:

- What are the things you are hoping or dreaming of?
- In what ways, can you remain hopeful?

IV. TAKE AWAY

Being Hopeful means believing things can be better and at the same time that hope is God, who is always on our side to guide and give us a beautiful future. Therefore, we should never lose hope rather be confident with Him because He has already taken care of it. And may we never forget that having a hopeful heart is also meant to be share for others.

CONVICTION

Hello Coordinators and Heart Champs!

Kindly instruct our MFC Kids members attending the assembly to write this conviction statement on their 2023 Conviction Statement Card after finishing their activity. The card will be their attendance tracker as they attend our Kids Assemblies every month.

March:

I WILL HAVE A HOPEFUL HEART!

RECITATION OF MFC KIDS PROMISE

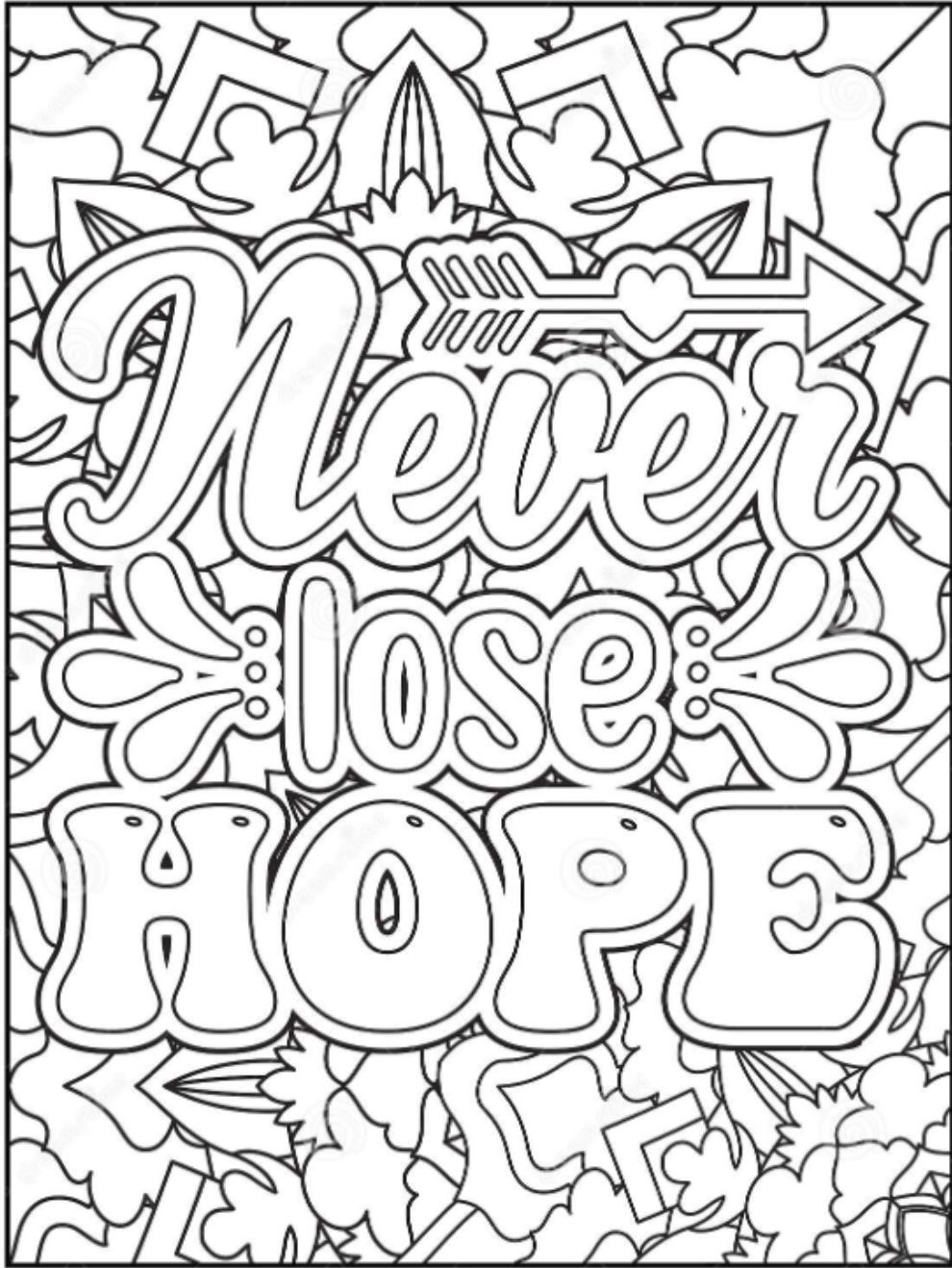
- 1. I will imitate Jesus.**
 - I will pray to God and read the Bible every day.
 - I will make Jesus my role model by obeying rules and doing good in school.

- 2. I will be a good family member.**
 - I will be a good son/daughter to my parents by obeying and respecting them.
 - I will be a good sister/brother to my siblings through sharing and supporting them.

- 3. I will be an active member of MFC Kids**
 - I will always attend and participate in all MFC Kids activities.
 - I will share my time, talents, and treasures with others, especially with my brothers and sisters in MFC Kids
 - I will love, respect and be loyal to my MFC Kids family.

- 4. I will tell others about Jesus.**
 - I will love my brothers and sisters, relatives, and friends by doing good deeds every day that will reflect God's love.
 - I will serve in our Parish Church.
 - I will love the poor by sharing what I have with them

APPENDIX A





Dear Parents/Guardians,

Thank you for letting your kids attend our Kids Assembly this month and for being one with us in believing that they are ***never too young to know Christ***. We honor your love and passion in making your child/ren closer to the Lord.

Our topic this month is about having a ***hopeful heart***. They have learned that with God all things are possible. That hope is a beautiful gift from God. And they can remain hopeful to Him, who is so big, so strong and so mighty.

As a parent, we can help them to have a hopeful heart by encouraging them to do the following activities with you:

1. **Plant a seed together**- Together as a family, you can plant some seeds and plant them. Watch the seeds sprout and grow. Then let them care for the plants. It can help them be reminded that when you wait patiently and take care of it, there will be a good harvest.
2. **Teach Savings** - You can start to teach your children by having a piggy bank, where they will start to save some coins with this. By doing this together, it helps them appreciate the simple acts of saving some money. As a parent, we can explain to them that by doing this, sooner or later those small coins can turn into a big amount of money, where they can buy their clothes or toys. Just like hope, we also need to do something while hoping for a good outcome.
3. **Create a prayer notebook** - In this notebook, you can teach your children to list down the things they are dreaming and hoping for to happen in the future. And with these they can pray with the things they listed down, this will help them to always go back to their prayers.

After doing the activities, we encourage you to post these on your social media accounts so that you can inspire other parents and families to journey with their kids. Use these hashtags - #MFCKids #ParentChildActivity #MomentsThatMatter

Thank you very much and we hope to be with your kid/s next month!

MFC Kids Team

