



I AM BLESSED

JANUARY 2022
KIDS ASSEMBLY TOPIC

Kids Assembly Topic for January 2022

I AM BLESSED

Objectives:

At the end of the Kids Assembly, MFC Kids will be able to:

1. Realize that they are blessed!
2. Appreciate God's blessings to them
3. Be blessed and share their blessings in their own little ways

I. MOTIVATION

Activity: BRING ME GAME

Instruction:

- The facilitator will ask the kids to get blessings or gifts near to them. It can be anywhere inside their room (where they are) or around the house.
- In every item, the facilitator may ask some volunteers why they picked up those stuff
- Ask these blessings from the kids in your "Bring Me Game". These seven (7) items will do -
 1. Find something that is useful to you
 2. Find something that is your favorite color
 3. Find something that makes you happy
 4. Find something that tastes good
 5. Find something that smells amazing
 6. Find something that makes a beautiful sound
 7. Find something that you are thankful for

Processing:

As MFC Kids, we are incredibly blessed by God. He blesses us through the things around us. He wants to show His love by these blessings around us. It can be materials things like what we had in our game but most importantly, it can be the people around us - our family, relatives and friends. As kids, we should always thank God for all the blessings that He has given us and for all the times that he uses us to be a blessing to others as well



II. HEAD

How was your year 2021? What are you grateful for last year? For sure it was a great year for many of us because of the many blessings that we've received! And surely, this year, God will continue to bless because He loves us so much!

** Kids may name some gifts/blessings that they received last year / Christmas*

God loves us so much and He blesses us with so many things and people to make us feel His love and care for us. He blesses us with gifts that we can use in our lives. A gift that is meant to be helpful and useful for us. It is even better when we receive affection and able to spend time with the people that we love. And when we receive these kind of gifts, these are "blessings" from God!



III. HEART

God blesses us because He loves us so much. His love for us is a blessing itself. Can you think of some other ways that God blesses us? - He cares for us and He forgives us. What a blessings from God!

How can we thank God for these blessings?

Let's remember these Three (3) letter 'S'


1. SAY A PRAYER OF THANKSGIVING TO GOD

Since God has given us everything we have and provides for us every day, it's important to thank Him when we pray. Prayer is conversation with God. Saying thank you to God tells Him that you love Him and that you acknowledge that He is the source of all you are and have.

Giving thanks to God tells Him that you are grateful to Him for all the blessings He has given you. For example, before you eat, you can pause and give thanks to God for your food—because it really comes from Him! You can also thank God in your private prayer time for your father and mother, for your brothers and sisters, and for God's watching over you.

2. SHOW LOVE BY THANKING AND APPRECIATING YOUR PARENTS

Parents are God's blessings who are to be cherished forever. The best way that we can love them is to pray for them and show affection to them. They themselves are God's blessings to us! They are the primary reason and instrument that God uses everyday for us to receive more blessings in our lives - food, clothing, shelter, toys, etc.



Let's pray that may God bless them and protect them everyday. We thank God for the gift of them who guide us to the path of holiness and kindness. Hug them and kiss them as you thank them for the many blessings that you received last year and will continue to receive this year.

3. SHARE YOUR BLESSINGS TO OTHERS

As MFC Kids, we can be a blessing by sharing our blessings to others – especially those who are in need. Do you have extra toys, clothes, bags or anything that can be used by other kids? Why not share your blessings!

Sharing your toys or clothes that you no longer use, giving food to the hungry and giving drink to the thirsty, these are simple ways we can share our blessings to others. Also, by simply saving our money and buying only what you need so that you still have enough to share for others. You may ask help from your Parents where to donate most especially those who were affected by the recent typhoon 'Odette'.

This year, as MFC Kids, let's remember that we are BLESSED BEYOND BOUNDS! Let's remember this verse for the whole year! -

1 Thessalonians 5:16-18

“Rejoice always. Pray constantly. Give thanks in all circumstances; for this is the will of God in Christ Jesus for you.”



IV. HANDS

A. For Kids at Play (3-4 years old)

Activity: Thank you coloring page

Materials:

- Thank you Coloring Page (Appendix A)
- Coloring Material

Instructions:

- Get your crayons or any of your coloring materials and start to put colors into the drawing page
- Note to the Facilitator: After doing the activity, before the assembly ends, call some representatives and let the kids share their work to the group.

B. First Step (5-7 years old) and Foot Step (8-10 years old)

Activity: Gratitude Hand (See pictures at Appendix B)

Materials:

- Bond/White Paper
- Pens / Markers
- Crayons

Instructions:

- Trace your hand on a piece of paper.
- Fill in each finger with one thing in your life for which you are grateful.

- Allow the children to take charge of their own gratitude hand even if that means bizarre answers and even more bizarre spelling.
- Finish off your hand by coloring the finger.

C. Step up (11-12 years old)

Activity: Household

Discussion question:

- What are you grateful for last year?
- What are the lessons you learned from these blessings?



IV. TAKE AWAY

Being and feeling blessed will only be possible if we realize that the blessings that we will share is not something, it is someone, and that someone is Jesus. Jesus is gift Himself for us. He is the greatest blessing we have received! Because of that, we are blessed to share this gift of great value to the world. Let us be blessings to the world!

Pray this as your closing prayer –

“Dear Jesus, I am thankful for all the blessings that I have. For all that You give, thank you. Thank you for my home and for my family. Thank you for the food, a place to live and for all the things that I have. Lastly, thank you for the love you give to each one of us, so we can share it with others. I love you Jesus. Amen.”

The Lord indeed loves us so much that He will not stop giving us His blessings and grace! As we continue to declare that we are blessed, here is another gift from Jesus!



RECITATION OF MFC KIDS PROMISE

1. I will imitate Jesus.

- I will pray to God and read the Bible every day.
- I will make Jesus as my role model by obeying rules and doing good in school.

2. I will be a good family member.

- I will be a good son/daughter to my parents by obeying and respecting them.
- I will be a good sister/brother to my siblings through sharing and supporting them.

3. I will be an active member of MFC Kids

- I will always attend and participate in all MFC Kids activities.
- I will share my time, talents and treasures to others especially to my brothers and sisters in MFC Kids
- I will love, respect and be loyal to my MFC Kids family.

4. I will tell others about Jesus.

- I will love my brothers and sisters, relatives, and friends by doing good deeds everyday that will reflect God's love.
- I will serve in our Parish Church.
- I will love the poor by sharing what I have with them

Appendix A



Appendix B






Dear Parents/Guardians,

Happy New Year! Thank you for letting your kids attend our Kids Assembly this month and for being one with us in believing that they are ***never too young to know Christ***. We honor your love and passion in making your child/ren closer to the Lord.

Our topic this month is about “being blessed”. They have learned that they are blessed by God with the things and people around them. Therefore, they are to be thankful and grateful for these blessings! We want to encourage you to establish a ‘Gratitude Tradition’ with your kids this year. Make it a habit to regularly express gratitude in your family. Here are some examples of traditions you might establish:

- Everyone takes turns during dinner sharing one thing they’re grateful for from their day.
- At bedtime, you ask each child to say three things they feel grateful for.
- During every car ride, everyone may thank someone else in the car for something.
- Each Sunday night at dinner, everyone discusses how they’ll express gratitude and who they’ll express it to over the course of the week.
- Every Saturday morning, everyone writes a note of appreciation to someone for a specific reason.



Although it might seem like gratitude should be spontaneous rather than rehearsed, making gratitude a habit can ensure that kids practice it on a regular basis, and it can become part of their character.

After doing the activities, we encourage you to post these on your social media accounts so that you can inspire other parents and families to journey with their kids. Use these hashtags - #MFCKids #ParentChildActivity #MomentsThatMatter

Thank you much and we hope to be with your kid/s next month!

MFC Kids Team