



PRAISE THE LORD!

FEBRUARY 2021
KIDS ASSEMBLY TOPIC

Kids Assembly Topic for February 2021

PRAISE THE LORD!

Objectives:

At the end of the Kids Assembly, MFC Kids will be able to:

1. Understand that singing and dancing praise to God is a beautiful way to show our love for Him.
2. Realize that God loves them so much.
3. Find more ways to show their love to God through the people around us.



I. MOTIVATION

Activity: Get up and Dance

Materials:

Kids Praise Songs

Instruction:

1. Facilitator will prepare a playlist of kids praise songs
2. Instruct the kids to dance when the dance command is true to them. Facilitator may use the list of examples below and may also think of other things to add as a dance command.

Dance if..

- you have clothes
- you have toys
- you have a best friend
- you have a pet cat
- you have a pet dog
- you get to play during weekends

- you have a brother
- you have a sister
- you know how to sing
- you enjoy dancing
- you have tried eating fried chicken
- you have attended Holy Mass online
- you always have food
- you have good teachers
- you love eat vegetables
- you love your friends
- you love your parents
- you love your grandparents
- you know Jesus
- God loves you
- you love God

3. Once dance command has been given out, play the music and let the kids who agree on the dance command dance!

4. Instruct the kids that when the music stops, they must also freeze while facilitator says the next dance command.



II. HEAD

*“Praise the Lord! It is good to sing praises to our God;
it is good and pleasant to praise Him.” (Psalm 147:1)*

God loves us so much and He blesses us with so many things and so many people to make us feel His love even more. It is just right to love Him back in any way we can! Singing and dancing is one of many great ways to praise God and celebrate His love.

When we sing, it’s like praising God twice. God can hear our beautiful voices as we sing praises to Him! When we dance for Him, we show Him how much joy His love brings us. As we offer our songs of praise to God, He rejoices with us.



III. HEART

Why we sing and dance for God?

1. **We celebrate His love for us.**

We express our great joy of being loved by God! We show Him how much we appreciate and love Him for His endless love for us.

2. **We make God happy.**

When we sing and dance praise to God, it makes Him happy to see that we are also using the talents that He gave us to show Him we love

and honor Him!

3. We inspire others to praise God too.

When other people see us praise God, they will be inspired to join us and praise Him too! This allows more people realize God's goodness. It will inspire them to praise and love God which will make the Lord very happy!



IV. HANDS

Activity: **Praise Shakers**



Materials:

- Paper Plates
- Dried Rice or Beans
- Stapler
- Highlighter Markers
- Glue
- Ribbon
- Scissors
- Hole Punch

Instructions:

1. Place ½ cup of rice on one plate. Place another plate on top and glue the plates together all the way around the edge.
2. Punch holes around the edge of the plates with a hole punch.
3. Decorate the shakers with coloring materials and then tie pieces of ribbon through the holes. After tying the ribbons, use the edge of a pair of scissors to curl the ribbon.



IV. TAKE AWAY

God deserves all our praises because He is a great God, the great King above all who loves us so much.

RECITATION OF MFC KIDS PROMISE

1. I will imitate Jesus.

- I will pray to God and read the Bible every day.
- I will make Jesus as my role model by obeying rules and doing good in school.

2. I will be a good family member.

- I will be a good son/daughter to my parents by obeying and respecting them.
- I will be a good sister/brother to my siblings through sharing and supporting them.

3. I will be an active member of MFC Kids

- I will always attend and participate in all MFC Kids activities.
- I will share my time, talents and treasures to others especially to my brothers and sisters in MFC Kids
- I will love, respect and be loyal to my MFC Kids family.

4. I will tell others about Jesus.

- I will love my brothers and sisters, relatives, and friends by doing good deeds everyday that will reflect God's love.
- I will serve in our Parish Church.
- I will love the poor by sharing what I have with them

Dear Parents/Guardians,

Happy Valentine's Day dear parents! As we all celebrate love this month, we honor and thank all of you for your unconditional love for your child/ren. You are truly a manifestation of God's love here on earth to the kids that God has entrusted us.

This month as we celebrate love, we have talked about singing and dancing praises to God as a beautiful way of showing our love for Him. The kids were able to realize how God loves them so much and how can they share God's love through the people around them.

Since you, the parents, are the primary educators & evangelizers of your children, we invite and encourage you to do the following activities that would make you and your child/ren appreciate and love the Holy Eucharist:

1. Memorization Time! Spend some time with your kid/s memorizing this verse about dancing for the Lord -

Psalm 149:3 -- "Let them praise His name in dance, make music with tambourine and lyre."

2. Teach your kid/s about the "5 Finger Prayer by Pope Francis"

Whenever we dance, we pray!

Teaching children how to pray is one of the most important tasks that parents have. But it can be sometimes difficult to get children to remember to pray and memorize all their prayers. Pope Francis has come up with an easy and simple way to pray that children can remember! It is called “The 5 Fingers Prayer” and children simply use the fingers on their hand to remind them to pray! Kindly visit the link below.

5 Finger Prayer by Pope Francis: <https://catholic-link.org/images/infographic-pope-francis-5-finger-prayer/>

3. Time to dance with your kid/s

Make sure you spend quality time with your kid! Living room dance parties can be your go-to activity to pump up the day and to bond with your kid. Go to our MFC Kids Youtube Channel and choose one (1) Kids Praise Dance that you and your kid would like to learn. Follow the steps and enjoy dancing together!

MFC Kids Youtube Channel: <https://www.youtube.com/user/cfckfl>

After doing these challenges, we encourage you to post in your social media accounts so that you can inspire other parents to journey with their kids. Use these hashtags - #MFCKids #ParentChildActivity #MomentsThatMatter

Thank you so much and we hope to be with your kid/s next month!

MFC Kids Team